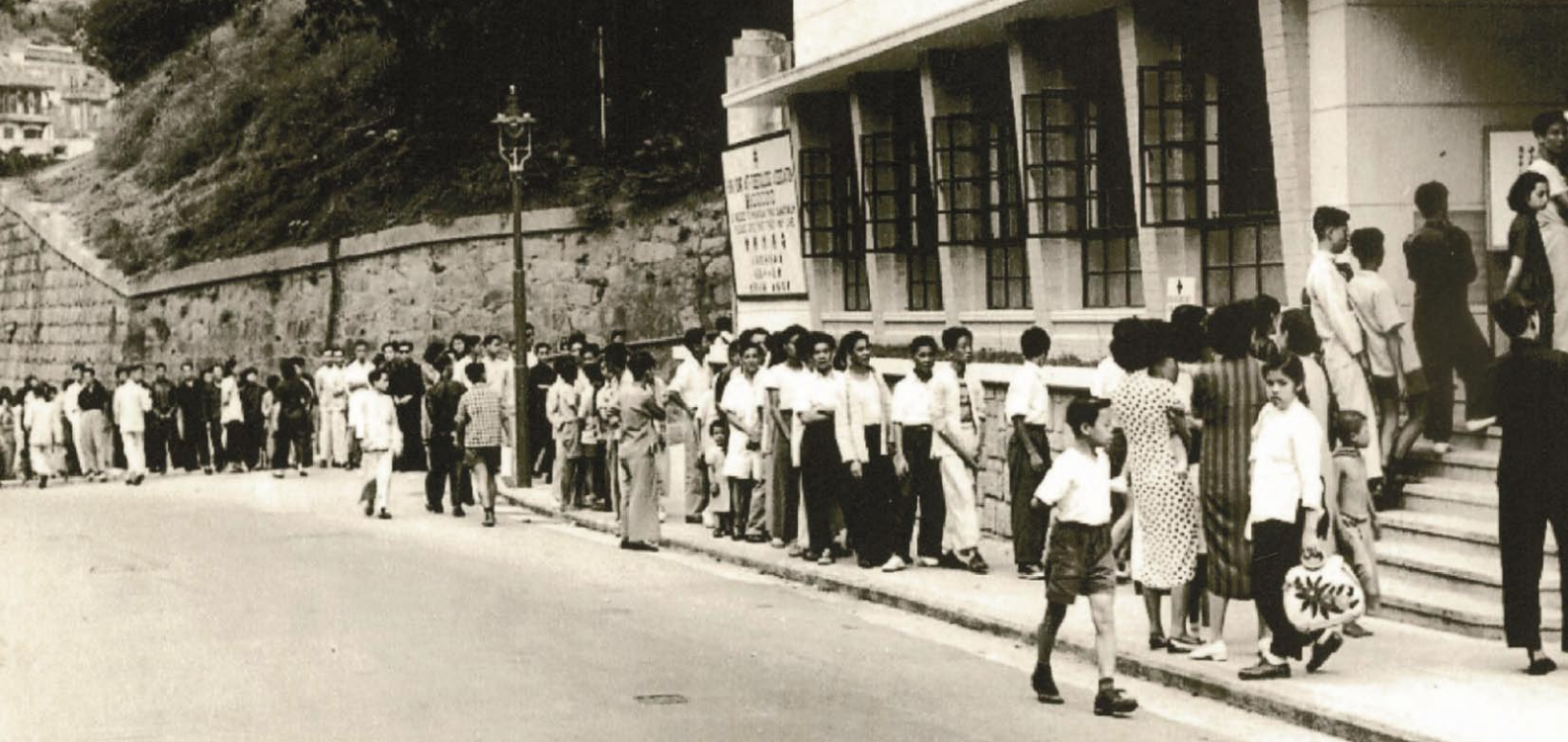


Decades of Memories

Anniversary Bulletin – 2016





Decades of Memories

Anniversary Bulletin - 2016

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EDITORIAL NOTE

Anniversary celebrations of the Hong Kong Thoracic Society (30th) and Hong Kong Lung Foundation (20th) embrace decades of enthusiasm, effort and memories contributed by all the members of our respiratory community. In the past decades, the Society and the Foundation have taken the lead to advance the field of respiratory medicine, cultivate next generation of specialists, and enhance public education. This bulletin aims to recall all these important footprints and happy moments along the road, before we carry on to reach our next milestones.

The Editorial Board would like to express our deep appreciation for the congratulatory messages from all the local and international authorities and societies. The Board would like to thank the members of the Hong Kong Thoracic Society, Hong Kong Lung Foundation, CHEST Delegation Hong Kong and Macau, for their incessant support and contributions to the development of the specialty. We would also like to thank all the fellow members, and parties including public relation companies, who have contributed to make this anniversary bulletin a colorful one with lots of memorable pictures.

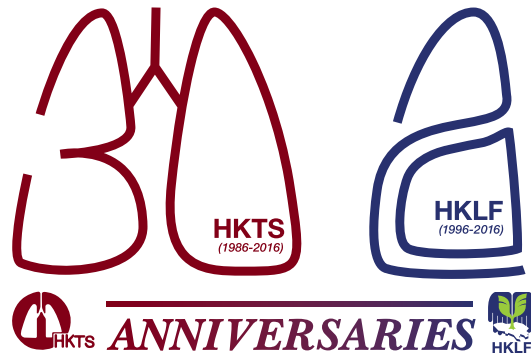


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CONGRATULATORY MESSAGE

I would like to extend my heartfelt congratulations to the Hong Kong Thoracic Society and the Hong Kong Lung Foundation on its 30th anniversary and 20th anniversary respectively and their remarkable contributions to the healthcare sector in Hong Kong.

Major respiratory diseases such as tuberculosis, pneumonia, asthma, chronic obstructive pulmonary disease as well as new and re-emerging infectious diseases, have been a major public health concern globally and place an increasing burden on our healthcare system. Coupling with antimicrobial resistance, ageing population and air pollution, we are facing even greater challenges in tackling respiratory diseases.

In the face of these challenges, the Hospital Authority as the provider of public hospital services in Hong Kong has enhanced the management of respiratory diseases through the introduction of a multi-disciplinary care model, newer and more effective medicines, advanced diagnostic tests, interventional endoscopy and palliation care. Prevention is better than cure. Noting that tobacco use is the single most preventable cause of lung cancer and other respiratory diseases, the Government has been adopting a combination of legislation, taxation, publicity, education, enforcement and smoking cessation service to achieve tobacco control and smoking prevention.

I am grateful for the contributions of the Hong Kong Thoracic Society and the Hong Kong Lung Foundation in promoting health and care of patients with respiratory diseases through coordinating and synergising the efforts of multiple stakeholders. Their steadfast commitment in keeping the medical profession abreast and ahead of medical developments and scientific research is also highly appreciated. I wish both associations every success in the years to come.



Dr Wing-man Ko, BBS, JP
Secretary for Food and Health
The Government of HKSAR





CONGRATULATORY MESSAGE

I am delighted and honored to extend my heartiest congratulations on this special occasion of the 30th Anniversary of the Hong Kong Thoracic Society and the 20th Anniversary of the Hong Kong Lung Foundation.

The Hong Kong Thoracic Society was first established by a group of committed physicians and surgeons in 1986, with a belief in promoting the advancement of respiratory medicine and fostering collaboration between medical and allied professions. Nearly a decade later, great leaders of Hong Kong Thoracic Society and professional partners set up the Hong Kong Lung Foundation in 1996 to improve public education, promote research, and support professional development and training in respiratory medicine. Concerted efforts and sustained inputs from energetic and dedicated members have contributed to the growth of both organizations, which have brilliantly demonstrated the virtues of professionalism, partnership, continuous improvement, integrity, accountability and focus on people. Both the Hong Kong Thoracic Society and the Hong Kong Lung Foundation have demonstrated great leadership in the field and achieved common missions and visions.



We share similar core values in building a healthy Hong Kong, and I sincerely wish the Hong Kong Thoracic Society and the Hong Kong Lung Foundation a great success for many more years to come!

Dr Constance Chan

Director of Health
Department of Health

Decades of Memories

CONGRATULATORY MESSAGE

I warmly congratulate the Hong Kong Thoracic Society on its 30th Anniversary and the Hong Kong Lung Foundation on its 20th Anniversary.

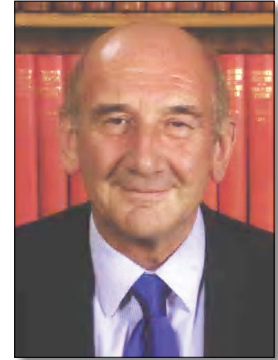
Both societies have achieved an enormous amount since their initiation and it is excellent news that they will now be combined. Of course this gives me particular pleasure as I was involved in the initial formation of the HKTS. Never has there been a greater need for research into respiratory diseases, with rising numbers of patients with asthma, COPD, interstitial lung disease, therapy-resistant TB and lung cancer and the emergence of new lung infections, such as SARS. Much more research is needed to understand respiratory diseases and how they affect other systems. There is also a great need to increase public awareness of lung disease and the combined societies will have great public influence.

I wish you every success for the next 30 years!



Professor Peter J Barnes

Margaret Turner-Warwick Professor of Medicine, National Heart and Lung Institute
Head of Respiratory Medicine, Imperial College London
Honorary Consultant Physician, Royal Brompton Hospital
Past President of the European Respiratory Society





CONGRATULATORY MESSAGE

On the occasion of jointly celebrating the 30th Anniversary of Hong Kong Thoracic Society (HKTS) and 20th Anniversary of Hong Kong Lung Foundation (HKLF), I would like to extend my warmest congratulations on behalf of the China State Key Laboratory of Respiratory Diseases in Guangzhou, as well as tens of thousands of Chest physicians from Chinese mainland.



For the past decades, HKTS and HKLF have been substantially contributing to the public health in Hong Kong and adjacent regions, and actively engaging in medical exchanges with other parts of the world in the field of pulmonology, including management of tuberculosis and emerging airway infections. The both associations collaborate integrally to promote practices and research of thoracic diseases, and prove to be highly professional and appreciable by colleagues in many countries.

My best regards and cordial greetings to Dr Loletta So the President of HKTS and Dr Cheuk-yin Tam the Chairman of HKLF, and I wish HKTS and HKLF greater achievement in the days to come.

Sincerely yours,

Professor Nan-shan Zhong

Professor, Respiratory Medicine
Director, China State Key Laboratory of Respiratory Diseases in Guangzhou
Academician, Chinese Academy of Engineering

Decades of Memories


CONGRATULATORY MESSAGE

On behalf of the CHEST Delegation Hong Kong and Macau, may I congratulate the Hong Kong Thoracic Society for her 30th Anniversary and the Hong Kong Lung Foundation for her 20th Anniversary.

The Anniversaries mark the milestones to remind us how far the Respiratory communities have gone in history and how much efforts our predecessors have ploughed in. We have now enjoyed the fruit and are most grateful to witness both societies matured to serve in professional and public education on respiratory health and diseases.

We will not stop here. The CHEST Delegation Hong Kong and Macau will continue to serve the respiratory community, and to support and to collaborate with both HKTS and HKLF. We shall continue to work in unity and fraternity.

Happy Anniversaries to HKTS and HKLF!



Dr David Lam

President

CHEST Delegation Hong Kong and Macau





CONGRATULATORY MESSAGE

It is my great pleasure to write this congratulation message to jointly celebrate the 30th Anniversary of The Hong Kong Thoracic Society, together with the 20th Anniversary of Hong Kong Lung Foundation in 2016.

The Hong Kong Thoracic Society is a non-profitable professional organization found in 1986 by a group of local respiratory experts interested in promoting the advancement of, as well as the acquisition, dissemination and application of knowledge and information concerning the causes, diagnosis, prevention and treatment of thoracic diseases with an aim to reduce morbidity and mortality in Hong Kong.

The Hong Kong Lung Foundation was established in 1996 with the aim to promote public education and support research activities in respiratory health and diseases, as well as to support professional education and training in respiratory medicine and related disciplines.

The Federation of the Medical Societies of Hong Kong, as an umbrella organization of 138 members societies with the missions to promote a high standard of practice by medical, dental and nursing professionals in Hong Kong. We would like to take this opportunity to convey our warmest congratulation to the Organizing Committee for their dedication in preparing the joint celebration activities in 2016, as well as advocating professional education of thoracic disease in Hong Kong. Under the capable leadership of Dr Loletta So, President, the Hong Kong Thoracic Society and Dr Cheuk-yin Tam, Chairman, Hong Kong Lung Foundation, I am sure both Thoracic Society and Lung Foundation will continue to flourish in years to come.



Dr Mario Chak

President
The Federation of Medical Societies of Hong Kong

Decades of Memories

CONGRATULATORY MESSAGE

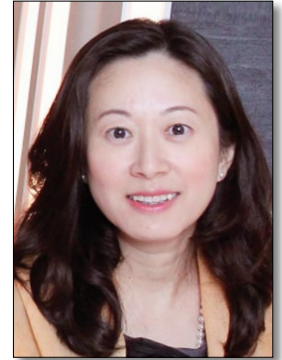
On behalf of the Hong Kong Allergy Association, I would like to extend my very warm congratulations on the 30th Anniversary of Hong Kong Thoracic Society and 20th Anniversary of Hong Kong Lung Foundation.

On this very special occasion, I would like to send the warmest regards and cordial greetings to HKTS and HKLF. We wish you to have even higher achievements, as well as more and more fulfilling roles in the future.



Dr Fanny Lam

Chairman
Hong Kong Allergy Association





CONGRATULATORY MESSAGE

Congratulations!

It is my greatest pleasure to be invited to share my message at the time of the 30th Anniversary of the Hong Kong Thoracic Society and 20th Anniversary of the Hong Kong Lung Foundation.

30 years or 20 years may not be a long period of time in terms of one's life, however, in terms of a medical society it means much much more. It does not simply mean that they have been serving the public for 30 years and 20 years, it means that the Society has been demonstrating to the society for their dedication to the welfare of the Hong Kong patients for many years.

As regards the Hong Kong Asthma Society, the Hong Kong Thoracic Society has been helping us starting by its inception by sending their representatives to be our medical advisors, giving expertise support on medical aspects of which has been proved and evidenced to be vital and essential to us, to the patients as well as to the whole society. Needless to say, we treasure very much your help and assistance with thanks and appreciation.

At this juncture, may I take this opportunity to thank the Hong Kong Thoracic Society and Hong Kong Lung Foundation every success and also wish that the same support will be continued in the days to come.



Mr Wing-kai Chan

Chairman
The Hong Kong Asthma Society

Decades of Memories

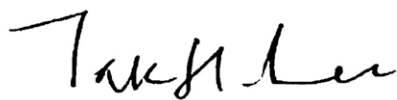
CONGRATULATORY MESSAGE

On the occasion of the 30th Anniversary of the Hong Kong Thoracic Society and 20th Anniversary of Hong Kong Lung Foundation, I am delighted as President of the Hong Kong Institute of Allergy to extend my warmest congratulations to the Society and the Foundation.

This special milestone offers a wonderful opportunity to reflect upon your accomplishments. You have both been at the forefront of public education on the prevention and treatment of respiratory diseases. Your outstanding work in stimulating public interest in respiratory health problems deserves the highest recognition and admiration for your unfailing efforts.

You have promoted the educational and scholarly advancement of Respirology within the medical profession and in the public domain. Under the exceptional respective leadership of your successive Presidents and leadership teams, with the support of your membership, your activities have led us down the path of betterment of respiratory healthcare in Hong Kong.

This is the start and not the end of the story and I am confident that the two organizations will go from strength to strength. I share the joy of your celebration and wish you continued success.



Dr Tak-hong Lee

President
Hong Kong Institute of Allergy





CONGRATULATORY MESSAGE

It gives me immense pleasure to congratulate Hong Kong Thoracic Society (HKTS) and Hong Kong Lung Foundation (HKLF), on the occasion of their 30th Anniversary and 20th Anniversary respectively. It is definitely a significant and marvellous milestone.

The Hong Kong Tuberculosis, Chest and Heart Diseases Association has been a very close partner of HKTS and HKLF in collaborating the health promotion projects and events as well as international conference such as the 20th Eastern Region Conference of the International Union Against Tuberculosis and Lung Disease in 1999 and the 6th Asia Pacific Conference on Tobacco or Health in 2001.

Over the past decades, under the strong leadership of a group of dedicated professionals and driven by a sense of mission, HKTS and HKLF contributed tremendous effort in promoting and assisting healthcare professionals to advance medical knowledge and clinical skills, raising public awareness of the importance of preventing and treating respiratory diseases.

On behalf of the Hong Kong Tuberculosis, Chest and Heart Diseases Association, I am honoured to express our heartfelt gratitude to HKTS and HKLF for their valuable input and contribution to the community of Hong Kong.

May this milestone of achievement mark the beginning of further growth and success for both the HKTS and HKLF in their noble endeavours. I look forward to more opportunities for collaborating closely and innovatively with both HKTS and HKLF. On this joyous occasion, may I extend my best wishes for your continued success in the years ahead.



Mr Steve Lan

Chairman
The Hong Kong Tuberculosis, Chest and Heart Diseases Association

Decades of Memories

CONGRATULATORY MESSAGE

I am delighted to have this opportunity to offer the sincere congratulations from the Pneumoconiosis Compensation Fund Board to the Hong Kong Thoracic Society on the occasion of its 30th Anniversary and the Hong Kong Lung Foundation of its 20th Anniversary.

Looking back over the past decades, the two organisations have been playing an important role in raising community awareness of the importance of lung health and educating the public on various respiratory diseases. Through their joint effort, a significant progress on prevention and management of respiratory diseases has been made over the years.

The two organisations have arranged various successful events to help promote better understanding and care of respiratory/lung diseases. The Annual Scientific Meeting and Autumn Respiratory Seminar organised by the Hong Kong Thoracic Society, for example, have always provided a good chance for local and overseas specialists to share their updated information on respiratory diseases. Moreover, both organisations have been active in supporting research projects, and findings in some have brought us the advance technologies or methods that we are using today.

I am sure the Hong Kong Thoracic Society and the Hong Kong Lung Foundation would continue playing their important role in health promotion and management in Hong Kong. May I wish them all the success in future..

ALLAN CHAN

Ir Allan Chan

Chairman

Pneumoconiosis Compensation Fund Board





CONGRATULATORY MESSAGE

On behalf of the Asian Pacific Society of Respiriology (APSR), I would like to congratulate you, as our member societies, on the 30th Anniversary of the Hong Kong Thoracic Society and the 20th Anniversary of the Hong Kong Lung Foundation, in addition to the publication of your Anniversary Bulletin.

You have been very active, dynamic and influential in respiratory medicine in your region historically. I still remember how both societies contributed so much to lead the remarkable success of the APSR Congresses in Hong Kong in 2004 led by Professor Wah-kit Lam, and in 2012 led by Professor David Hui as the Congress President providing high quality academic programmes to fascinate all participants, particularly at the 17th Congress of the APSR in Hong Kong. I really feel we have had a very historical and close business relationship beyond what might be expected of APSR member societies.

I look forward to seeing further development of both societies together with the APSR, supporting each other. Again, please accept our profound congratulations for both anniversaries.

Sincerely yours,

Professor Michiaki Mishima

President

Asian Pacific Society of Respiriology



CONGRATULATORY MESSAGE

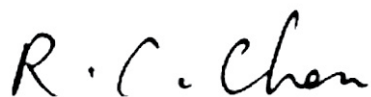
I am glad to know that the Hong Kong Thoracic Society and Hong Kong Lung Foundation are joining hands to celebrate their 30th Anniversary and 20th Anniversary with serial events in 2016. Hong Kong Thoracic Society and Hong Kong Lung Foundation have contributed greatly to the progress of pulmonary and critical care medicine and the health care of Hong Kong people.

It was unforgettable that during the SARS outbreak, both societies worked together for the understanding and control of SARS. With the joint effort of both societies, Hong Kong has contributed a lot in the understanding, monitoring and control of avian flu as well as other respiratory diseases.

There has been long history of friendship between Hong Kong Thoracic Society and Hong Kong Lung Foundation and Guangdong Respiratory Society. We are expecting more bilateral academic exchange and collaboration in the future.

On behalf of the Guangzhou Institute of Respiratory Disease of Guangzhou Medical University, I would like to express our warmest congratulation to the Hong Kong Thoracic Society and Hong Kong Lung Foundation and best wishes for the great success of the serial events for the celebration of Anniversary.

Yours sincerely



Professor Rong-chang Chen

Director, Guangzhou Institute of Respiratory Disease, Guangzhou Medical University
Former Chairman of Guangdong Respiratory Society
Vice President and General Secretary of Chinese Thoracic Society

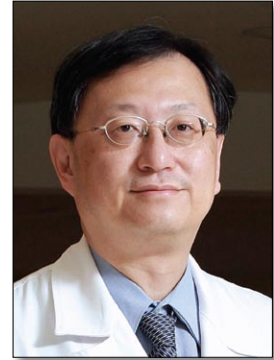




CONGRATULATORY MESSAGE

On behalf of Taiwan Society of Pulmonary and Critical Care Medicine (TSPCCM), I would like to express my warmest congratulations on the 30th Anniversary of HKTS and the 20th Anniversary of HKLF.

For the past few decades, HKTS and HKLF has been an integral and responsible part of the respiratory community in the Asia-Pacific region, and is striving to improve respiratory health of the residents in Hong Kong through clinical care, research and public health measures. HKTS and HKLF not only serve as a major force in the region to treat respiratory infections, tuberculosis, asthma, COPD, critical illness, lung cancer, sleep disorders, and many other respiratory diseases, but also develop culturally applicable clinical guidelines, offer continued medical education for physicians and associated medical professionals, and facilitate research collaborations both regionally and internationally.



TSPCCM has always been a faithful ally of HKTS and HKLF as we share a common culture and face similar challenges in the treatment of respiratory diseases. It is my sincere hope that, through joint efforts between thoracic societies of both regions, we can build strong networks of basic and clinical research, as well as exchange information and experiences to enhance current practices in respiratory medicine for the benefits of all the people in the Asia-Pacific region.

Happy anniversary, Hong Kong Thoracic Society and Hong Kong Lung Foundation!

Yours sincerely,

Professor Chong-jen Yu

Professor and Chair, Department of Internal Medicine, National Taiwan University Hospital and National Taiwan University College of Medicine
President, Taiwan Society of Pulmonary and Critical Care Medicine

Decades of Memories

CONGRATULATORY MESSAGE

It is with great pleasure that the American Thoracic Society (ATS), on behalf of its 15,000 members from around the globe, recognizes the 30th Anniversary of the Hong Kong Thoracic Society and the 20th Anniversary of the Hong Kong Lung Foundation.

Your record of achievement is most impressive. Your commitment to addressing critical issues such as SARS and airway diseases and to expanding your areas of focus to include respiratory infections, lung cancer, sleep disorders, and interventional bronchology delivers real benefits to the entire region. Organizing high quality conferences and symposia, certificate courses, and thematic workshops for your medical, nursing and allied health colleagues helps advance medical knowledge and clinical skills and raise public awareness of the importance of preventing and treating respiratory diseases.

The fact that membership in your organizations continues to grow is ample testament that members of the respiratory healthcare profession in Hong Kong value your work quite highly.

Finally, as a peer organization also dedicated to promoting lung health, your success is a testament to the importance and value of dynamic regional respiratory clinical and scientific organizations. Cultivating and pursuing skills, research, and translational care priorities that meet your “local” needs deliver maximum benefits to your members, the respiratory community at large, and the patients we all serve. You serve as models that others can follow and emulate.

ATS has long valued its partnership with the Hong Kong Thoracic Society, and we look forward to growing those relationships in the years to come. Congratulations to both the Hong Kong Thoracic Society and the Hong Kong Lung Foundation on your anniversaries.

Sincerely,



Professor Atul Malhotra

President
American Thoracic Society





CONGRATULATORY MESSAGE

On behalf of the Trustees of the British Thoracic Society and all of our members, I send warm congratulations to the Hong Kong Thoracic Society and the Hong Kong Lung Foundation for your significant anniversaries.

Lung disease continues to place a great burden on individuals, their families and society in general. It is essential that professionals and patient charities work together effectively to provide excellent care and responsive management of lung conditions, and to raise awareness among providers and planners of healthcare, and among the general public, of the causes of lung diseases and their prevention. Long may you continue to do so in Hong Kong.



Our very best wishes for the future!

Professor Mike Morgan

President
British Thoracic Society

Decades of Memories

CONGRATULATORY MESSAGE

On behalf of the European Respiratory Society (ERS) I wish to congratulate the Hong Kong Thoracic Society with their 30th Anniversary and the Hong Kong Lung Foundation on their 20th Anniversary.

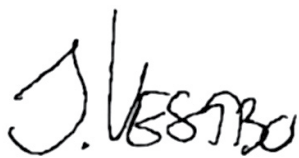
The Society and the Foundation have since their establishment worked to improve Lung Health through research and through raising public interest and awareness of respiratory diseases. After starting with a keen focus on Tuberculosis the Society and Foundation have widened their area of both interest and expertise, including population awareness of Lung Health and the value of widespread spirometry.

Members of the Hong Kong Thoracic Society have contributed significantly to international research and international collaboration. Personally, I have fond memories of my visit to the Society's 2012 meeting and hope to be able to visit the Hong Kong Thoracic Society again.

In the European Respiratory Society (ERS), we last year celebrated our 25th Anniversary and we have expanded our membership significantly. This brings us closer to colleagues all over the world and it is my hope that the Hong Kong Thoracic Society and the ERS will also be able to expand our collaboration in the future.

My warmest wishes for the future of the Hong Kong Thoracic Society and the Hong Kong Lung Foundation.

Kind regards,



Professor Jørgen Vestbo

President
European Respiratory Society





PAST AND PRESENT

Prelude to the Formation of the Hong Kong Thoracic Society

It is my honor to be invited to write a message on the reminiscence of the establishment of Hong Kong Thoracic Society on its 30th anniversary. Something in the past had already been mentioned in the bulletin on its 20th anniversary, I think I better say something earlier, which many of you may not know.

In the 40's tuberculosis was the most common chest disease in Hong Kong. The Hong Kong Government Tuberculosis Service was established in 1947, with very primitive facility, and the X-ray service was provided by Queen Mary Hospital. The Hong Kong Tuberculosis Association was established in 1948, sharing the anti-tuberculous work with the Hong Kong Government. During the 50's and the 60's no local medical graduates were willing to work in the field of tuberculosis, the majority of doctors working in the hospitals with tuberculosis unit and the Government tuberculosis clinics were missionary doctors, such as our well known and respected Sisters Aquinas and Gabriel in the Ruttonjee Sanatorium, or graduates from China with specially granted working permit.

In 1975 The Hong Kong Government invited Professor Guy Scadding and Professor Wallace Fox from the Brompton Hospital of England to make assessment of the Tuberculosis Service and make recommendations. Their report was completed in 1975 and endorsed by Professor David Todd. Since then the Government Tuberculosis Service was named The Hong Kong Government Chest Service, providing service not just to tuberculous patients but patients with all kinds of chest diseases. The medical officers preferably are holding recognized license for full registration and the senior medical officers must have special training in chest medicine and MRCP of any Royal College of the United Kingdom.

In 1978, I left Ruttonjee Sanatorium to take over one of the Consultant Chest Physician posts of the Hong Kong Government Chest Service, no medical officer was holding MRCP. Only gradually and slowly more and more local medical graduates were encouraged to join the Government Chest Service, and trained in chest medicine and to get through the MRCP examination.

Decades of Memories

In the late 1950's the American College of Chest Physicians (ACCP), Hong Kong and Macau Chapter was formed by a team of enthusiastic chest physicians and surgeons. Macau doctors were involved in order to get adequate number of members to form a chapter. Since then the educational scientific meetings were organized by the ACCP Hong Kong and Macau Chapter. In 1981 the ACCP Hong Kong and Macau Chapter hosted the 7th regional meeting of the American College of Chest Physicians in Hong Kong at the newly operating Regent Hotel, now the Intercontinental Hotel. The organizing committee included only several members. No funding was available for operation. A loan of 10,000 dollars at first and then another 10,000 dollars was obtained from the late Dr Shu-pui Li of the Hong Kong Sanatorium, who agreed that if the income could not cover the expenditure, he would not recover the loan. The conference was successful, and was well attended by about 600 persons, but not successful in making money, and could only pay back the loan.

In late 1985 or early 1986, Dr Shun-yang So initiated that we should form our own thoracic society, and agreed by a team of about ten chest physicians and surgeons. Dr So was responsible for drafting the memorandum and I was responsible for organizing all meetings. Again we had no operation fund to start with. The meeting usually was held at 6:00pm, either in my clinic office or in the restaurant. The post meeting dinner was to be paid by Dutch, and occasionally paid by a generous member. The Hong Kong Thoracic Society was formed in 1986 and inaugurated in 1987, and received a blessing from Professor David Todd. The Society then received a foundation donation of 10,000 dollars plus interest from one of the patients of Dr John S. M. Leung who looked after the donation since 1976.

In the first two years after the Society was formed, scientific meetings with invited overseas speakers, sponsored by pharmaceutical companies, were hosted almost at six week interval, and were well attended. The Society was getting known in the medical community, as it was one of the very few medical societies incorporated in the Federation of Medical Societies in Hong Kong. I now regret to say that I, being the president of the Society, apparently was very self-centered, chaired all the scientific meetings. However at that time, I wanted the Society to get more well known, and I did not want to turn down the offer of the Pharmaceutical companies.

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The Society started with 80 members, and now it has 854 members and 356 associate members. Needless for me to say more about what the Society has done in the past 30 years. I much appreciate all members' devotion in and contributions to the Society. I here would like to give my congratulations to the Society on its 30th anniversary, and wish the Society continuous success in many years to come.

Chan Shiu Lun

Dr Shiu-lun Chan

2 March 2016



Sister Mary Aquinas Monaghan,
SSC, RIP



Sister Gabriel O'Mahony,
MBBCh, BAO, FRCP (Edin), MBE

Decades of Memories

The Story of the Hong Kong Lung Foundation Started with the 13th Asia Pacific Congress on Diseases of the Chest (APCDC)

The 13th APCDC was held in Hong Kong from 5 to 8 December 1994. It was the first major international chest conference held in Hong Kong since the last one in 1981. It was jointly organized by the American College of Chest Physicians (Hong Kong and Macau Chapter) (ACCP HKM) and Hong Kong Thoracic Society (HKTS). The Advisors: Sister M Gabriel, Dr PAL Horsfall, Dr Donald Yu, Professor CK Mok, Dr PL Nandi; Organizing Committee President: Professor WK Lam; Vice-Presidents: Dr SL Chan and Dr SY So; Secretary General: Dr William Chen; Assistant Secretaries: Dr CW Lam and Dr KL Tsang; Treasurer: Dr HS Chan; Subcommittee Chairpersons: Scientific Programme: Dr Christopher Lai; Finance: Dr HS Chan and Dr Joseph Pang; Publications: Professor Mary Ip; Registration and Publicity: Dr YC Chan; Congress Facilities & Protocol: Dr Jane Chan; Exhibition: Dr WW Yew; Accommodation & Transport: Dr Loretta Yam; and Social Programmes: Dr CY Tse. With Dr Christopher Lai in charge of the Scientific Programme, scientific excellence was assured, and with Dr William Chen leading in the quest of industrial support, a very healthy account book was guaranteed. And with the whole Organizing Committee working in full force for two years, plus the support of all our colleagues in Hong Kong and overseas, the 13th APCDC turned out to be a resounding success both scientifically and financially. Most importantly, Hong Kong has secured a firmer place in the international fraternity of respiratory medicine and related disciplines than ever before.

The great financial success left us with a question that we had never hitherto faced: how to make the best use of the substantial sum of money available in the aftermath of the congress? Discussions and meetings after meetings ensued. Finally, it was resolved that a ***Hong Kong Lung Foundation*** should be established. Professor Mary Ip, then President of HKTS, was in charge of drafting the terms of reference and administrative guidelines. As usual, the very resourceful and energetic Dr William Chen was responsible for the actual operational minutiae of establishing the Foundation, including liaison with our Honorary Legal Advisor Ms Eva Chow and Honorary Auditor Tam, Chu, Wong & Chan, and printing of the Memorandum and Articles of Association of the Foundation.

After nearly one and a half years of preparation and concerted efforts of the HKTS and ACCP HKM, the ***Hong Kong Lung Foundation Limited*** was at last incorporated on 12 March 1996 with the objectives of (1) promoting public education in respiratory health and disease (e.g. printing educational materials in asthma, chronic obstructive pulmonary disease (COPD), etc);

22 (2) supporting research activities in respiratory diseases and health; (3) supporting professional



education and training in respiratory medicine and related disciplines (e.g. HKLF Fellowships, supporting participants from the mainland to attend international/regional chest conferences held in Hong Kong and vice versa, supporting regular clinical meetings etc).

The Directors, Officers and Executive Board Members would be the Council Members of HKTS and Executive Committee Members of ACCP HKM. The first batch of Officers and Executive Board Members were: Chairman: Professor WK Lam; Vice-Chairman: Dr Christopher Lai; Secretary: Dr William Chen; Treasurer: Dr HS Chan; Executive Board Members: Dr Jane Chan, Dr SL Chan, Dr YC Chan, Professor Mary Ip, Dr CW Lam, Dr Roland Leung, Dr PL Nandi, Dr SY So, Dr CM Tam, Dr Alfred Tam, Dr CY Tse, Dr Loretta Yam, Professor Anthony Yim and Dr WC Yu.

The *Hong Kong Lung Foundation Limited*, newly born in March 1996 and full of energy, already in full swing to serve. The rest is history well known to you all.

Professor Wah-kit Lam

15 January 2001

Decades of Memories

Hong Kong Thoracic Society – The Past Three Decades (1986 – 2016)

Hong Kong Thoracic Society turns 30 this year. First and foremost, gratitude must be expressed to our highly respected doyens namely Professor Wah-kit Lam, Dr Shiu-lun Chan and Dr Shun-yang So, with the strong support of our beloved Dr Donald Yu, for their great wisdom, foresight and superb leadership in forging a lasting union of respiratory physicians, nurses and allied health professionals. They have laid down a solid foundation for the Society to grow and progress for the benefit of our patients. I must also extend our deepest appreciations to all committed and dedicated past presidents and council members. Without their selfless devotion and contributions, it would not have been possible for the Society to become so well-developed and to achieve so much over the past three decades. The Society is particularly fortunate in having the CHEST Delegation Hong Kong and Macau [formerly named as the American College of Chest Physicians (Hong Kong and Macau Chapter)] as its staunch partner throughout the years. Our timeless fraternity and shared core value in promoting lung health have enabled us to grow and develop together and successfully assume a leading role in furthering respiratory education and development in Hong Kong.

Our history started on 21 October 1986, when HKTS was incorporated under the Companies Ordinance, and subsequently inaugurated on 13 August 1987 with Dr Shiu-lun Chan, Dr Shun-yang So and Professor Wah-kit Lam as Founding President, Vice-President and Honorary Secretary respectively. Council members included Dr William Chen, Sister M. Gabriel, Professor Che-keung Mok, Dr Joseph Pang, Dr Wing-wai Yew and Dr Donald Yu. Since then the Society has ceaselessly pursued its objectives, which are to promote the advancement of respiratory medicine through education and training of medical, nursing and allied health professionals, encourage and support research and investigations, and organize and provide public education to raise community awareness about the importance of respiratory diseases.

Promoting the professional development of our members is always our top priority. Holding regular clinical meetings and sponsoring members to attend international and regional scientific conferences have been our tradition. We also organized scientific meetings with invited overseas academics since our early days, and from 1996 they have evolved to two structural annual educational forums, namely the Annual Scientific Meeting and Autumn Respiratory Seminar. Our “Spring and Autumn Forums” have become the emblematic events of the Society, showing an ever increasing popularity and attendance over the years. In the



of an Education Committee. Apart from regular clinical meetings and two annual forums, the Society has also organized evening scientific symposia; certificate courses for allied health professionals and Family Physicians which were co-organized with the Hong Kong College of Family Physicians; and other seminars and workshops to keep abreast with the latest updates and development in our specialty. From very early on, our work has extended beyond local events. In collaboration with sister organizations, the Society has successfully organized many regional and international meetings including the 13th Asia Pacific Congress on Diseases of the Chest in 1994, the International Allergy Forum in 1995 and 1997, the 20th Eastern Region Conference of the International Union Against Tuberculosis and Lung Disease in 1999, the Educational Seminar of Asian Pacific Society of Respiratory (APSR) and the 10th Beijing/Hong Kong Exchange – An Update on Respiratory Medicine in 2008, the 9th and 17th Congress of the APSR in 2004 and 2012 respectively, and the latest was 4th Across-strait 4-region Symposium on Chronic Airway Diseases held last year. Under the Education Committee, two Special Interest Groups (SIGs), namely the Interventional Pulmonology and the Sleep Medicine & Respiratory Failure, have been formed in 2013. The two SIGs have actively organized educational workshops of high standard and quality. With their dedications and enthusiasm, we are expecting increasing numbers of educational activities to be made available to members.

HKTS has been promoting clinical and scientific research over the years. The Scientific Committee was formed in 1999 to coordinate territory-wide studies and surveys. Many scientific studies funded by the Society and of a variety of topics have been published in peer-reviewed journals, including the burden of respiratory diseases in Hong Kong, utilization of home mechanical ventilation, local reference values of pulmonary function test and studies on chronic obstructive pulmonary disease and its biomarkers. HKTS has also served as an advisor to the Government and the Hospital Authority through the publication of a number of important position papers and practice guidelines related to the diagnosis, treatment and prevention of common respiratory diseases as well as selected respiratory procedures. Supported by a generous donation from a senior member, the Young Investigator Award was established in 1996 with the aim of encouraging research among our young members. It is presented to the best presenters of abstracts in Annual Scientific Meetings and has been renamed as Dr William Chen's Young Investigator Award in 2008.

Striving for the betterment of respiratory health of the public in Hong Kong is the unwavering mission of HKTS. We fulfill our mission by nominating our members as medical advisors to patient-based associations such as the Hong Kong Asthma Society;

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providing professional advice to health exhibition organized by Medical Societies of medical undergraduates; publication of educational booklets and pamphlets and organizing territory-wide health campaigns, as well as offering health checks and delivering health talks to the public. Since the establishment of our Publicity and Membership Committee in 1999, the Society has redoubled its efforts to enhance public awareness about the importance of lung health through a range of annual thematic promulgations in the mass media. We have held press conferences on respiratory topics and results of health surveys, appeared in serial television and radio programmes as well as road shows on public transportations, written health columns on newspapers and magazines and organized mega media events and health exhibitions in public areas. Our efforts have substantially improved the accessibility of the public to respiratory health information.

Ensuring an effective communication with the members is a core duty of the Society. The first issue of the HKTS Newsletter was published in October 1987 and comprised of the Society's news, updates on scientific and clinical meetings and a featured article of respiratory topics. The Newsletter has become a tri-monthly joint publication with CHEST Delegation Hong Kong and Macau in October 1991 as well as the Hong Kong Lung Foundation since March 2008. Throughout the decades, the Newsletter has expanded and modified its contents to meet the diversified readership of our ever growing membership. In addition to its work externally, the Publicity and Membership Committee was also responsible for the publication of newsletter, publicity issues and membership maintenance. The Committee has successfully launched the HKTS homepage in the year 2000, providing electronic communication to enhance the accessibility of Society's information to its members. This has kicked start a move towards digitalization of the Society. In 2009, the Information Technology Committee was formed with an aim to build a conjoint website of all the respiratory societies of Hong Kong to facilitate more timely publication and information provision to members, with multimedia display on the website. Through tremendous and concerted efforts of the two dedicated Committees, we succeeded in complete digitalization of all Newsletter contents, and full electronic publishing of Newsletter in the new conjoint website was achieved in 2014. The Publicity and Membership Committee and the Information Technology Committee were also restructured into two new committees: the Newsletter and Website Committee and the Publicity and Membership Committee for better coordination and clarity of operation.

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As a result of strong underpinnings of its founders, profound commitments of its councils, timeless fraternity of its sister organization and unfailing support of its members, the Hong Kong Thoracic Society has been richly nurtured and has become one of the leading local professional organization. Our membership has grown 15-fold -- from 80 in 1986 to more than 1200 this year. I am sure that our countless achievements over the past thirty years will serve to spur us on as we continue our quest to make our Society even stronger and more successful in the years to come

Dr Loletta So

President
Hong Kong Thoracic Society
October 2016

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Hong Kong Lung Foundation – The Past Two Decades (1996 – 2016)

Introduction

In 2016, Hong Kong Lung Foundation (HKLF) abolished her Memorandum & Article and drafted a new Articles of Association. Though this is subjected to the requirement of the New Company Ordinance and meet the change in name and status of ACCP (Hong Kong & Macau Chapter) to Chest Delegation Hong Kong & Macau, it also earmarked the new era of Hong Kong Lung Foundation. One of the major changes is to increase the HKLF self-nominated Ex-Co members from 5 to 12 and thus strengthening the council by accommodating more experienced members to work with the new young forces. In fact we re-invited 3 very experienced senior respiratory physicians back into the Executive Committee.

Mission

The mission of Hong Kong Lung Foundation has not changed but strengthened under the legal revision of the Ordinance, keeping on the rights to raise money by all lawful means to back up our actions in:

- To promote public education in respiratory health and disease
- To support research activities in respiratory disease and health
- To support professional education and training in respiratory medicine and related disciplines.

In fact, implicitly, HKLF has an additional mission of acting as a platform for the abled pioneers to bring up new generations, train to serve colleagues in the profession as well as the public through various means in the context of respiratory education and health promotion.

Strong Union in Respiratory Community

Local respiratory educational activities commenced in early 1960s as initiated by the Hong Kong & Macau Chapter of American College of Chest Physicians (ACCP, HKMC). Hong Kong Thoracic Society (HKTS) was incorporated in 1986 and then closely collaborating with ACCP, HKMC in organizing local scientific and academic meetings including regular and annual meetings and seminars, later international meetings like the 13th Asia Pacific



Congress on Diseases of the Chest (APCDC) in 1994 and the 20th Eastern Region Conference of International Union Against Tuberculosis and Lung Disease (IUATLD) in 1999. Upon the financial advantage generated from the 13th APCDC and the substantial establishment of HKLF in 1996, the HKLF-ACCP, HKMC-HKTS form the strongest bond in the respiratory community and encompass most if not all the respiratory specialists. HKTS & ACCP, HKMC Councils elects new cabinet every 2 years and new bloods are recruited to serve the respiratory community. HKLF are served by fellow colleagues selected from the 2 respiratory societies in parallel with a core of senior respiratory physicians, committing to an additional role of allocating resources to support and achieving the foundation's mission. HKLF, many a times, act as the back-up partner as well as supporter to the activities of the 2 respiratory societies. The strong bonding act as the support of the driving force in promoting the 3 societies/foundation's missions and perpetuate educational and health promotion activities (see the respective sections in this bulletin). And, of course, there are sister societies working closely and in fact many are officially posted by experienced respiratory physicians already core members of this respiratory community. Serving is without boundary, but the HKLF-ACCP-HKTS act as the core in perpetuating the movement.

HKLF in Action

The foundation execute in all aspects to achieve the aims and objectives through direct and indirect means, donation, setting up scholarship, admitting fellowships, conferring research grants, supporting publications, liaising with respective professional and public bodies, organizing and supporting various activities. To date, HKLF has given out HKLF Research Grants to support 34 research projects while 18 publications already appeared in the peer reviewed journals. 35 Hong Kong Lung Foundation fellows were elected and supported to receive training at specialized centres overseas (Australia, Asia-pacific, Europe and North America) and most of them already returned to Hong Kong and serving in the profession. With undue support from a senior member, 14 young Investigators award (YIA) were given out over the years. HKLF Dr Tse Yuen Man Scholarship Essay Competition carries on yearly at TWGH Wu York Yu Memorial College (Alma mater of Dr Tse Yuen Man) while a territory wide competition was held in 2010 (Year of the Lung) with a very successful response. HKLF Dr Tse Yuen Man Community Service Award was established at CUHK in 2013, and supporting (monetary & professional) health exhibition by medical students facilitated our touch to University Students and the public. HKLF will continue with all the strength, and no hesitation to carry on all the meaningful act under our missions.

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A Glance Over the Last Decade

2006	<ul style="list-style-type: none"> - 10th Anniversary of HKLF & 20th Anniversary of HKTS - Press Release (19 Mar 2006) – Respiratory Health in Hong Kong: A Worsening Scenario? - “Respiratory Health Walkathon 2006” (5 Nov 2006) – over 300 attendants taking steps on road to health - Declaration to Strengthen Lung Health “健肺宣言”
2007	<ul style="list-style-type: none"> - Donation to support fund raising of the Hong Kong Asthma Society
2008	<ul style="list-style-type: none"> - Joint Announcement on Flu Management in South China Morning Post (7 Apr 2008) - Publishing “Burden of Lung Disease, Hong Kong” as Supplement in <i>Respirology</i> 2008 - Press Conference on the Burden of Lung Disease (9 Nov 2008) – Respiratory Diseases: the Number One Killer and Ticking Time Bomb in Hong Kong - New and updated HKLF education pamphlets on 15 subjects were produced and distributed for educational purposes
2009	<ul style="list-style-type: none"> - Sharing Session cum Press Conference of Access to Public Transport for Oxygen Users (28 Nov 2009) - Establishment of HKLF Honorary Fellowship and awarded to Professor Wah-kit Lam in recognition of his achievements in clinical and community services; research; teaching; and local, regional and international leadership - Donation and Support production of video “How Hong Kong Scientists Solved the Mystery of SARS” at Hong Kong Museum of Medical Sciences.
2010	<ul style="list-style-type: none"> - The establishment of Hong Kong Lung Foundation Sino-exchange Fellowship (香港胸肺基金會神州交流獎學金) - “World Spirometry Month” between 14 Oct and 13 Nov 2010 with mobile truck to promote and perform spirometry test for public - “Year of the Lung HKLF Dr Tse Yuen Man Memorial Scholarship Open Essay Competition for Secondary School Students” - Sponsor for the Health Exhibition “Lung Express, Year of the Lung 2010” organized by Medical Society HKU Student Union (2, 3, 9 and 10 Oct 2010)
2011	<ul style="list-style-type: none"> - Celebrate the 15th Anniversary with the 25th Anniversary of Hong Kong Thoracic Society - A series of thematic activities on COPD - public education by members appearing on TV shows, radio programme and newspaper interviews (Jun - Jul 2011)



	<ul style="list-style-type: none"> - Spirometry Campaign in Hong Kong: Heightening of COPD Awareness (17 Aug 2011) launched with the purposes to promote the use of spirometry and to estimate prevalence of airflow obstruction in the society, with Press conferences to disseminate results of the campaign (10 Nov 2011) - COPD carnival to promote citizen's awareness of the disease and the importance of smoking cessation at Telford Plaza, Kowloon (12 Nov 2011) - 15th Anniversary dinner at Hong Kong Club (19 Nov 2011)
2012	<ul style="list-style-type: none"> - Supported the organization of the 17th Congress of APSR held in Hong Kong (14 - 16 Dec 2012) - Awarded HKLF APSR Travel Grants to 15 mainland Chinese delegates enabling them to attend and present their abstracts at the congress - Support 2012 - 13 Lung Cancer Education Series
2013	<ul style="list-style-type: none"> - Set up "Community Service Award" as a memorable act at "A Decade after SARS", to award CUHK Medical Students, the Alma Mater of Dr Tse Yuen Man, in recognition of their humanitarian deeds - "Fighting Pneumonia 2013" Kick-off Ceremony and Reflections on SARS (24 Feb 2013)
2014	<ul style="list-style-type: none"> - Updated "Practice Standards of Respiratory Procedures: Noninvasive Positive Pressure Ventilation" (Feb 2014) - Support and as advisor to CUHK medical students in health exhibition "Priceless Breathing" held at TKO (Oct 2014) - Support "Airway Disease Campaign"
2015	<ul style="list-style-type: none"> - Release of "Guidelines on Procedural and Sedation Safety in Flexible Bronchoscopy and Pleuroscopy" (Feb 2015) - HKLF pamphlets extensively revised/re-designed/printed (16 topics) and soft copy available in website for respiratory services and education (Aug 2015) - The 3 societies/foundation formed a committee to organize the 20th/30th Anniversary of HKLF/HKTS
2016	<ul style="list-style-type: none"> - 20th/30th Anniversary of HKLF/HKTS activities - Mega event at Olympic City (28 - 29 May 2016) and Education Booklet production - EGM: Adoption of New Articles of Association (22 Jul 2016) - Poster competition: Lung and Respiratory Health (primary & secondary school students) and Press Conference: Respiratory Health Survey (6 Nov 2016) - Supporting medical students to organize health exhibition: "Matter of Life and Breath" (Opening Ceremony: 22 Oct 2016) - Anniversary Bulletin publication (Nov 2016) - Gala Dinner (26 Nov 2016)

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Office Bearers of the Hong Kong Lung Foundation (1996 – 2016)

Year	Chairman	Vice-Chairman	Secretary	Treasurer
1996 – 1999	Prof Wah-kit Lam	Dr Christopher Lai	Dr William Chen	Dr Hok-sum Chan
1999 – 2001	Dr William Chen	Prof Mary Ip	Dr Hok-sum Chan	Dr Yuk-choi Chan
2001 – 2003	Prof Mary Ip	Dr Hok-sum Chan	Dr Loretta Yam	Dr Yuk-choi Chan
2003 – 2005	Dr Hok-sum Chan	Dr Loretta Yam	Prof Kenneth Tsang	Dr Thomas Mok
2005 – 2007	Dr Loretta Yam	Prof Kenneth Tsang	Dr Kin-sang Chan	Dr Cheuk-yin Tam
2007 – 2009	Prof Kenneth Tsang	Dr Kin-sang Chan	Dr Thomas Mok	Dr Cheuk-yin Tam
2009 – 2011	Dr Kin-sang Chan	Dr Thomas Mok	Dr Wai-ming Chan	Dr Cheuk-yin Tam
2011 – 2013	Dr Thomas Mok	Dr Wai-ming Chan	Dr Cheuk-yin Tam	Dr Wilson Yee
2013 – 2015	Dr Wai-ming Chan	Dr Cheuk-yin Tam	Dr Maureen Wong	Dr Pak-yiu Tse
2015 – 2017	Dr Cheuk-yin Tam	Dr Maureen Wong	Dr Johnny Chan	Dr Pak-yiu Tse

New Challenges

Time keeps on evolving and the society is ever changing, everybody is facing challenges and the respiratory community has no exception. Technology is advancing and the profession is catching up and adopting it into the advance in diagnostics and therapeutics. Communication channels also evolving rapidly and the way to promote respiratory health and publicize health knowledge also changing. HKLF, will goes hands in hands with Chest Delegation HKM & HKTS, in facing all these challenges.

A Brief Conclusion

Serving is learning. I think I may be the luckiest among my colleagues that can serve in the core from the 1st decade through to the commencement of the 3rd decade. It's an invaluable time that I can work with the super-figures in respiratory medicine, like Dr Donald Yu, Dr SL Chan, Professor WK Lam, Dr SY So, Dr Loretta Yam, Dr Joseph Pang, etc, having the chance to visualize their wisdom and inspired by their vision. I think many of our colleagues will share my feelings.

Yet I would also like to adopt Dr Loretta Yam's remarks at the 10th Anniversary of HKLF, to congratulate the Foundation's success in executing her vision and became a pillar of strength for the promotion of lung health in Hong Kong. On behalf of the respiratory community, I also like to thank all who have ceaselessly contributed to the activities of the Foundation from its



inception to the present, without whom HKLF will not have achieved her objectives. Although the common saying that “It’s never easy to be a founder, yet even harder to be a sustainer”, the strong HKLF-Chest Delegation-HKTS bond (While ACCP HKMC was succeeded by Chest Delegation HKM in 2015) today would be our asset and strength to step into the 3rd decade of HKLF. While we are saluting to our forefather and foremother for their steering and pioneer work, I am sure the successors will also treasure what our forerunners have achieved and carry on the missions for the benefit of the respiratory community and all the people of Hong Kong.

Dr Cheuk-yin Tam

Chairman

Hong Kong Lung Foundation Limited

September 2016 (written on the occasion of her 20th Anniversary)

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From the Honorary Fellow of the Hong Kong Lung Foundation

I would first express my profound gratitude and appreciation to the Hong Kong Lung Foundation (HKLF) for awarding me Honorary Fellowship. It is a great honour, and I treasure it tremendously.

A study on the burden of lung disease in Hong Kong, funded by HKLF and led by Professor Moira Chan, has found that respiratory disease is responsible for the highest health-care burden locally (Respirology 2008:13 ; S133-S165). Yet, before 1986, we did not have our own local respiratory professional society. From the 1960s to the 1980s, the Hong Kong & Macau Chapter of the American College of Chest Physicians (ACCP HKM) was the only chest organization here. In 1986, the Hong Kong Thoracic Society (HKTS) was born. The founding Officers have made sure that the HKTS & ACCP HKM would work together in collaboration for respiratory medicine in Hong Kong. Their harmonious collaboration has culminated in the highly successful jointly organized 13th Asia-Pacific Congress of Diseases of the Chest in Hong Kong in 1994. This Congress turned out to be a brilliant success both scientifically and financially, and prepared the way to the establishment and funding of the HKLF in 1996. The HKLF aims to coordinate the HKTS and ACCP HKM and respiratory physicians together with other healthcare professionals in promoting all aspects of respiratory health and disease locally and beyond, including supporting professional education and training, research, and public education. How well have we achieved these objectives?

In 2006, we celebrated the 10th/20th Anniversary of the HKLF/HKTS and took stock of their achievements in the 2006 Anniversary Bulletin. The HKLF had indeed very significant accomplishments in its first ten years, especially in promoting professional education/training and public education. Its role in coordinating the members and activities of HKTS and ACCP HKM (has just changed its name to CHEST DELEGATION HK & M) is of particular importance. There has been a little hiccup, but very quickly unity and fraternity prevail. In the past ten years (2006 - 2016), we are glad to see that the quality and quantity of activities in professional and public education have increased by leaps and bounds. The variety of programmes is dazzling (adding roadshows, multiple exhibition areas, etc.), and the revamped newsletter and websites provide a wealth of information and educational materials useful to us all. Interactions with other organizations are increasing, including medical students' Medical Societies and the Cross Strait Medicine Exchange Association. Just look at the current 20th/30th HKLF/HKTS Anniversary Activities --- it is really a showpiece of our capacity to stage such a variety of interesting programmes for education and publicity --- mega events in popular public areas with invitation of celebrities, clear targeted exhibition areas, media interviews, anniversary

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bulletin with local and international congratulatory messages, respiratory health surveys and press conferences, plus others. My salute to all our hard working officers, committee/board/council members and organizers.

What next ? While continuing with our excellent work, we can now also aim to promote more on clinical/basic research and advancement of new technology in respiratory medicine. The re-organized Young Investigators Award and the new Special Interest Groups (e.g. in Sleep Medicine and Respiratory Failure, and Interventional Pulmonology) are working in this direction. Also, as mentioned above, respiratory disease is responsible for the highest health-care burden locally. Government's health policy and priority is important. We therefore should work further to strengthen our status as professional leaders and opinion leaders. Our plan to produce position papers (e.g. on influenza vaccination, e-cigarettes) will enhance our status and professionalism. Our senior members can also join in more government health-related committees, to provide professional public service and to strengthen our voice.

“The farther backward you can look, the farther forward you are likely to see”, wrote Winston Churchill.

In this bulletin, we have looked at the HKLF all the way back from its establishment to now. Today, the Hong Kong Lung Foundation has come of age. Happy Anniversary! Let us now see and plan forward far.

Professor Wah-kit Lam

Honorary Fellow

Hong Kong Lung Foundation

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Presidents of the Hong Kong Thoracic Society



Dr Shiu-lun Chan
(1987 – 1989)



Professor Wah-kit Lam
(1989 – 1991)



Dr William Chen
(1991 – 1993)



Dr Christopher Lai
(1993 – 1995)



Professor Mary Ip
(1995 – 1999)



Dr Wai-cho Yu
(1999 – 2001)



Professor Kenneth Tsang
(2001 – 2003)



Professor David Hui
(2003 – 2005)



Dr Thomas Mok
(2005 – 2007)



Dr Wai-ming Chan
(2007 – 2009)



Dr Cheuk-yin Tam
(2009 – 2011)



Dr James Ho
(2011 – 2013)



Dr Fanny Ko
(2013 – 2015)



Dr Loletta So
(2015 – 2017)



Chairmen of the Hong Kong Lung Foundation



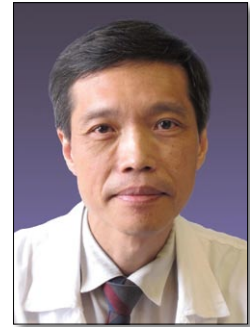
Professor Wah-kit Lam
(1996 – 1999)



Dr William Chen
(1999 – 2001)



Professor Mary Ip
(2001 – 2003)



Dr Hok-sum Chan
(2003 – 2005)



Dr Loretta Yam
(2005 – 2007)



Professor Kenneth Tsang
(2007 – 2009)



Dr Kin-sang Chan
(2009 – 2011)



Dr Thomas Mok
(2011 – 2013)



Dr Wai-ming Chan
(2013 – 2015)



Dr Cheuk-yin Tam
(2015 – 2017)

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Current Council and Executive Board Members

Hong Kong Thoracic Society

President	Dr Loletta So
Vice-President	Dr Hoi-nam Tse
Honorary Secretary	Dr Wilson Yee
Honorary Treasurer	Dr Angus Lo
Newsletter Chief Editor	Dr Wai-kei Lam
Council Members	Dr Fanny Ko (Immediate Past President)
	Dr Wai-ming Chan
	Dr Jane Cheung
	Dr James Ho
	Professor David Hui
	Dr Yuk-lung Kwok
	Dr Macy Lui
	Dr Chan-chung Ma
Honorary Legal Advisor	Mr Woody Chang
Honorary Auditor	Yong Zheng CPA Ltd.

Hong Kong Lung Foundation

Chairman	Dr Cheuk-yin Tam
Vice-Chairman	Dr Maureen Wong
Honorary Secretary	Dr Johnny Chan
Honorary Treasurer	Dr Pak-yiu Tse
Executive Board Members	Dr Wai-ming Chan (Immediate Past Chairman)
	Dr Jane Chan
	Dr Hok-sum Chan
	Dr Kin-sang Chan
	Professor Moira Chan
	Dr Shiu-lun Chan
	Dr Kah-lin Choo
	Dr Chung-ming Chu
	Dr James Ho
	Dr Sheng-sheng Ho
	Professor David Hui
	Professor Mary Ip
	Dr Fanny Ko
Honorary Legal Advisor	Mr Woody Chang
Honorary Auditor	Yong Zheng CPA Ltd.



Council Meetings

The Council meeting of the Hong Kong Thoracic Society is held once every two months, together with the Executive Board meeting of the Hong Kong Lung Foundation and Executive Committee meeting of the CHEST Delegation Hong Kong and Macau. Chaired by the President and office bearers, Scientific, Education, Publicity and Newsletter and Website Subcommittees made regular reporting in the meeting. Strategic planning and major decisions of the Society are stipulated. In the Board meeting of the Hong Kong Lung Foundation the financial status of the Foundation is reviewed from time to time. The investment plan of the Foundation is discussed and endorsed.



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DISSEMINATE KNOWLEDGE IN RESPIRATORY MEDICINE

Annual Scientific Meeting and Autumn Respiratory Seminars

The annual scientific meeting (ASM) and autumn respiratory seminar (ARS) are important local educational events in respiratory medicine. Since 1996, the meetings are held regularly each year in March and November. Organized by HKTS, CHEST delegation Hong Kong and Macau and supported by the HKLF, the meetings serve as vital platforms where advances and updated opinions in respiratory medicine are shared. The two meetings are well attended each year by local respiratory specialists, trainees and allied health professionals.



Group photo taken at ASM 2006



Group photo taken at ARS 2006



Group photo taken at ASM 2007



Panel discussion at ARS 2007

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Group photo taken at ASM 2008



ARS 2008 became a joint meeting with Hong Kong Medical Association as 10th Beijing / Hong Kong Medical Exchange



Group photo taken at ASM 2009



Exchanged with many overseas experts at ARS 2009



Celebrating the Year of the Lung at ASM 2010 and ARS 2010



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Group photo taken at ASM 2011



Presentation at ARS 2011



A Clinical Update Symposium at ASM 2012. In 2012, there was no ARS as APSR was held in Hong Kong in December



Group photo taken at ASM 2013



Photo of faculty members at ARS 2013

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Panel discussions at ASM 2014 and ARS 2014



Group photo taken at ASM 2015



Group photo taken at ARS 2015



Group photo taken at ASM 2016



International and Cross Regional Scientific Conferences

Educational Seminar of Asian Pacific Society of Respiriology (ESAP)

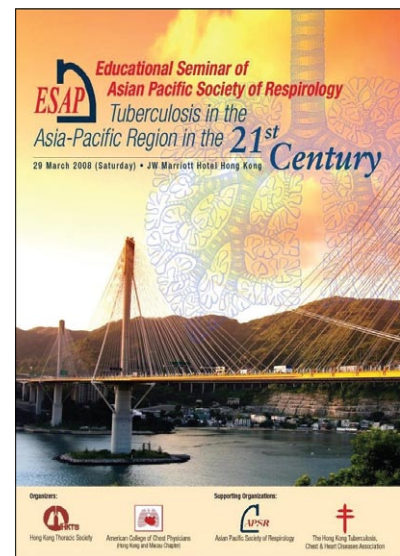
29 March 2008

JW Marriott Hotel Hong Kong

The Educational Seminar of the Asian Pacific Society of Respiriology (ESAP) is an important educational event to serve the mission of the APSR to promote respiratory health in the region. With the support from the APSR and the Hong Kong Tuberculosis, Chest & Heart Diseases Association, ESAP was successfully held in Hong Kong on 29 March 2008. The programme was jointly organised by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter). It was the first time for ESAP to be held in Hong Kong. The theme was “Tuberculosis in the Asia-Pacific Region in the 21st Century”. Around 300 delegates attended the seminar.



From left: Professor Li-xia Wang (China),
Dr Chi-chiu Leung (Hong Kong), Dr Toru Mori (Japan),
Dr Pan-chyr Yang (Hong Kong) and Dr Shiu-lun Chan (Hong Kong)
in the symposium “Epidemiology, Diagnosis and
Pathogenesis of Tuberculosis”



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10th Beijing/Hong Kong Exchange – An Update on Respiratory Medicine

8 - 9 November 2008

Hong Kong Convention and Exhibition Centre

The Beijing/Hong Kong Medical Exchange is an annual academic event hosted by the Chinese Medical Association and the Hong Kong Medical Association in Beijing and Hong Kong alternately. The Hong Kong Thoracic Society and ACCP (Hong Kong and Macau Chapter), with the support from the Hong Kong Lung Foundation and for their first time, in collaboration with the Chinese Medical Association and the Hong Kong Medical Association, jointly organized the 10th Beijing/Hong Kong Exchange in November 2008. "An Update on Respiratory Medicine" is chosen as the main theme. Nearly 700 local (513), mainland (130), macau (34) and overseas delegates (16) attended this 2-day conference.



Honourable guests in the opening ceremony
From left: Dr Chung-ming Chu, Dr Hung-hing Tse, The Honorary Dr York Chow (Guest of Honour), Professor Mary Ip, Dr Ming-jiang Wu and Dr Wai-ming Chan



會議大綱 Programme :	
二零零八年十一月八日 (星期六) 8 November 2008 (Saturday)	
13:15 - 13:45	登記 Registration
13:45 - 14:00	開幕典禮 Opening Ceremony
14:00 - 16:00	專題研討會 (一) : 流行性感冒 Symposium 1 : Influenza • An update on the epidemiology of seasonal influenza • Human influenza A(H1N1) infection in China • Pathogenesis of seasonal influenza and avian influenza • Management of pandemic influenza in "non-hot" countries. Dr. Thomas Tang (Hong Kong) Professor Zhong-sheng Gao (China) Professor Muthu Perera (Hong Kong) Dr. David Fedson (France)
16:00 - 16:30	茶歇 / 咖啡廳 Coffee Break Speaker Café
16:30 - 17:10	專題研討會 (二) : 呼吸系統炎症 Symposium 2 : Airway Inflammation • Airway inflammation: mechanisms and therapeutic implications Professor Neil Barnes (UK)
17:10 - 18:40	專題研討會 (三) : 睡眠呼吸障礙 Symposium 3 : Sleep-disordered Breathing • Obstructive sleep apnoea • Pathogenesis of metabolic disorders in sleep apnoea • The role of sleep fragmentation and intermittent hypoxia • Predictive modelling for patients with cardiovascular disease Professor Mary Ip (Hong Kong) Dr. Narain Parashar (USA) Professor Shao-guang Huang (China)
18:40 - 21:00	歡迎晚宴 歡迎晚宴 Welcome Dinner* Speaker Reception
二零零八年十一月九日 (星期日) 9 November 2008 (Sunday)	
08:30 - 09:00	登記 Registration
09:00 - 10:00	專題研討會 (四) : 肺病對社會造成的負擔 Symposium 4 : Burden of Lung Diseases • Burden of lung diseases in Hong Kong • Burden of lung diseases in mainland China Professor Miles Chan-Nang (Hong Kong) Professor Yong-jian Xu (China)
10:00 - 10:30	茶歇 / 咖啡廳 Coffee Break Speaker Reception
10:30 - 12:00	專題研討會 (五) : 肺癌 Symposium 5 : Lung Cancer • Chemotherapy targeted therapy • Use of NIV in acute respiratory failure other than COPD • New evidence on lung cancer management with Adjuvant and EGFR TKI • Rational treatment for lung cancer Professor Jumbo Tang-mat (Taiwan) Dr. Alan Sandler (USA) Professor Jian-ming He (China)
12:00 - 13:00	午餐 午餐 Lunch Speaker Reception/aperitif
13:00 - 13:40	專題研討會 (六) : 慢性阻塞性肺病 Symposium 6 : Chronic Obstructive Pulmonary Disease • Update on therapy in COPD patients Professor Aronino Anzueto (USA)
14:40 - 16:10	專題研討會 (七) : 無創機械通氣 Symposium 7 : Non-Invasive Ventilation • Use of NIV in acute respiratory failure other than COPD • Is there a role for NIV in COPD? • Currents and controversial issues in NIV application Dr. Nicholas Hill (USA) Dr. Chung-ying Che (Hong Kong) Professor Hong-chang Diao (China)
16:10 - 16:40	茶歇 Coffee Break
16:40 - 18:40	專題研討會 (八) : 普通科常見問題 Symposium 8 : Common Problems in General Practice • Smoking cessation • Chronic cough in China Dr. King-yan (Hong Kong) Professor Ho-fang Li (China)
18:40 - 17:00	閉幕典禮 Closing Ceremony



17th Congress of the Asian Pacific Society of Respirology

14 - 16 December 2012

Hong Kong Convention and Exhibition Centre

The 17th Congress of APSR was co-hosted by the Hong Kong Thoracic Society and the Hong Kong Lung Foundation. The congress was preceded by 3 postgraduate courses in molecular biology, tuberculosis and interventional pulmonology. The scientific programme was comprehensive and covered all aspects of respirology. More than 2,300 international and local delegates attended the conference.



International delegates were entertained by Hong Kong cultural performance



Secretary for Food and Health, Dr Wing-man Ko, BBS, JP delivered his congratulatory messages



Professor Mary Ip and Professor David Hui chaired at Keynote Lecture



The organizing committee toasted at the congress dinner

Decades of Memories



Lecture at Theatre 1, Hong Kong Convention and Exhibition Centre



Audiences in the Convention Hall



Professor Takashi Ishida and Dr Johnny Chan



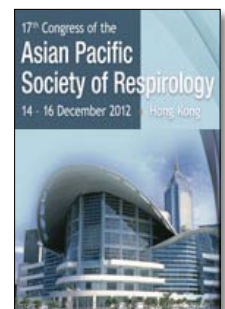
From left: Professor Masaharu Nishimura, Professor Jadwiga Wedzicha, Dr Fanny Ko, Professor Rakto Djukanovic, Professor Chong-kin Liam, Dr Yoshinosuke Fukuchi



From left: Professor Rong-chang Chen, Mrs Zhong, Professor Nan-shan Zhong, Dr Donald Yu, Ms Lola Cheung and Dr Shun-yang So



Snap shot in the hands-on workshop





4th Across-strait 4-region Symposium on Chronic Airway Diseases cum 2015 Autumn Respiratory Seminar

14 – 15 November 2015

Hong Kong Convention and Exhibition Centre

The symposium was convened by the Hong Kong Thoracic Society, Chest Delegation Hong Kong and Macau, and supported by the Hong Kong Lung Foundation. It was held on 14 November, the day preceding the 2015 Autumn Respiratory Seminar. Speakers from Beijing, Macau, Taiwan, Guangzhou, Nanjing and Hong Kong delivered nine lectures on chronic airway diseases with their regional perspectives.



Group photo of speakers and chairpersons at the end of the 4th Across-strait 4-region Symposium on Chronic Airway Diseases



A wealth of audience in the symposium

Decades of Memories

Clinical Meetings

The clinical meeting is held four times per year at the lower ground floor lecture theatre of the Ruttonjee Hospital. It serves as a platform for respiratory trainees and specialists in Hong Kong to share their experience and exchange opinions in clinical respiratory medicine. Held since October 1986, a wealth of clinical topics has been covered in the past 30 years.



Current HKLF Chairman, Dr Cheuk-yin Tam, HKLF Honorary Secretary, Dr Johnny Chan, HKTS President, Dr Loletta So, and President of CHEST Delegation Hong Kong and Macau, Dr David Lam listening to presentations in the clinical meeting

Chairman and speaker on stage:
Dr Macy Lui and Dr Herbert Kwok

Clinical Diagnoses and Topics Discussed in the Clinical Meetings

1991

SLE-related lung diseases

1992

Pulmonary sarcoidosis

Tracheal rupture due to incorrect positioning of endotracheal tube

Paradoxical response to anti-tuberculous treatment

Mycobacterial infection in HIV-positive patients

Common variable immunodeficiency

Pulmonary tuberculosis in chronic granulomatous disease

Bone marrow transplant and the lung

Microscopic polyarteritis

1993

Mycobacterial infection of the lungs and skin

Occupational asthma

Common variable immunodeficiency with bronchiectasis and sinopulmonary infection

Common variable immunodeficiency tuberculous pleural effusion

Kerosene aspiration pneumonia

Pleuro-pulmonary involvement in SLE

Melioidosis

Home mechanical ventilation

Video thoracoscopic surgery in the treatment of spontaneous pneumothorax

Pulmonary rehabilitation

1994

Chronic pulmonary eosinophilia

Pulmonary fibrosis and pulmonary haemosiderosis in rheumatoid arthritis

Bronchioloalveolar carcinoma in post-renal transplant

Massive hemoptysis and bronchial artery embolization

Extrathoracic upper airways obstruction presented as asthma

1995

Churg-Strauss syndrome

Granulomatous mediastinitis and mediastinal fibrosis

Primary tracheobronchial amyloidosis

Diffuse panbronchiolitis

Recent experiences in thoracic surgery

Joint management of lung cancer in Central Kowloon Hospital Cluster

Surgery for N2 lung cancer after neoadjuvant chemoradiotherapy

Chemotherapy or chemoradiotherapy for advanced non-small cell lung cancer

Pulmonary aspergillosis

Wegener's granulomatosis & microscopic polyangiitis

1996

Adverse reactions to antituberculous drug

Brittle asthma

Neuroendocrine lung tumour

Angiofollicular lymph node hyperplasia (Castleman's disease)

Mycobacterium chelonae

Cardiopulmonary exercise testing with gas exchange measurement

Lymphoproliferative disorders of the lung and follicular bronchitis/bronchiolitis

Pneumoconiosis compensation in Hong Kong

1997

Diffuse panbronchiolitis

Endobronchial tuberculosis

Alveolar hypoventilation

Trans-tracheal oxygen delivery

Tuberculin testing

1998

Addison's disease caused by tuberculosis

Anti-tuberculous drug induced acute pancreatitis

REM sleep behaviour disorder

Rapid diagnostic test for tuberculosis

Molecular mycobacteriology and tuberculosis

Application of rapid diagnostic tests for tuberculosis

Recurrent pneumonia

Sclerosing hemangioma of the lung

Foreign body inhalation in children

Non-invasive ventilation

Rhodococcus equi lung abscess

Mucosa associated lymphoid tissue (MALT) lymphomas

Tracheal tumour and tracheobronchial amyloidosis

Obstructive sleep apnoea and vocal cord paralysis in

Shy-Drager syndrome

Mounier-Kuhn syndrome

Decades of Memories

1999

Mycobacterium chelonae pulmonary infection
Silicotic lymphadenopathy
Hepatopulmonary syndrome
Squamous cell carcinoma infiltrating bronchus
causing upper airway obstruction
Sarcoidosis
Overlap Syndrome
Pulmonary lymphoepithelioma-like carcinoma
Tuberculosis in children
Pulmonary cryptococcosis
Actinomycosis

2000

Relapsing polychondritis
Hypothyroidism and respiratory failure
Mesothelioma
Desquamative interstitial pneumonia
Late-onset acid maltase deficiency
Churg Strauss syndrome
Disseminated BCG infection after BCG
immunotherapy for the carcinoma of bladder

2001

Dermatomyositis with interstitial lung disease
Amyloidosis of the respiratory tract
Strongyloides hyperinfection
Melioidosis
Notification of tuberculosis in Hong Kong
Lung transplantation in Hong Kong
Disseminated MAC infection in non-HIV infected
persons
Mycobacterium chelonae
Diffuse panbronchiolitis
Benign teratoma causing fatal haemoptysis

2002

Pyothorax-associated diffuse large B cell lymphoma
Tuberculosis complicating HIV infection
Chronic dyspnoea in SLE
Lymphoepithelioma-like Carcinoma
Coexisting pulmonary sarcoidosis and SLE
Pancreatic tuberculosis
Lung cancer
Right-to-left shunting through a patent foramen
ovale resulting from pulmonary hypertension
caused by severe OSA
Cervical Tuberculosis

Amiodarone pulmonary toxicity
Wegener's granulomatosis
Mucormycosis, *penicillium marneffeii*,
coccidioidomycosis

2003

Hemophagocytic syndrome
Hospital Rickettsial infection
Severe acute respiratory syndrome
Primary pulmonary lymphomas
Mycotic thoracic aortic aneurysm
Dieulafoy's disease

2004

Fitness for air travel
Shrinking lung syndrome
Coccidioidomycosis
Pseudallescheriasis
Tuberculosis as example of airborne infection
Solitary fibrous tumour of pleura
Actinomyces
Lymphoid interstitial pneumonia in Sjogren's
syndrome

2005

β -globin gene mutation
Pseudo-Meigs' syndrome
Aspergillosis
Interstitial lung diseases in polymyositis and
dermatomyositis
Concomitant BOOP and lymphoma
Tracheobronchopathia osteochondroplastica
Cardiac angiosarcoma with pulmonary metastasis
Primary tracheal tumour

2006

Myasthenia gravis
Sarcoidosis
Irradiation bronchitis
Infections after renal transplantation

2007

Pulmonary infections caused by *Corynebacterium
striatum*
Multicentric Castleman's disease
Pulmonary alveolar proteinosis
Acute fibrinous and organizing pneumonia
Idiopathic pulmonary fibrosis
Therapeutic drug monitoring and tuberculosis

2008

Pulmonary arteriovenous malformations
Disseminated *Mycobacterium chelonae* infection
Congestive heart failure complicating itraconazole treatment of chronic necrotizing pulmonary aspergillosis
Endobronchial ultrasound (EBUS) with transbronchial needle aspiration in nodal staging of lung cancer
Lung mucoepidermoid carcinoma
Pulmonary botryomycosis
Intravascular lymphomatosis
Recurrent or persistent sinopulmonary infections in Good's syndrome (thymoma with immunodeficiency) associated with MGUS

2009

Community-associated MRSA
Polymyositis-associated interstitial lung disease
Pulmonary Langerhans' cell histiocytosis
Mesalazine related pulmonary eosinophilia
Endobronchial one-way valves for the treatment of persistent air leaks complicating secondary Spontaneous Pneumothorax
Pandemic H1N1 2009/Human swine influenza

2010

Lepromatous leprosy
Lamotrigine-induced hypersensitivity syndrome
Proportional assist ventilation in severe COPD
Radial EBUS-guided transbronchial lung biopsy
Bronchiolitis obliterans organizing pneumonia
Actinomycosis
HIV-associated tuberculosis
Chronic necrotizing pulmonary aspergillosis with pulmonary oxalosis

2011

Primary thoracic sarcoma
Lymphangioliomyomatosis
Anthracofibrosis
Obesity hypoventilation syndrome
Pulmonary lymphoma
Chylothorax

2012

Pulmonary MALT lymphoma
Pulmonary arteriovenous malformations
Recurrent pleural effusion in Meigs' syndrome
Pulmonary schwannomas
Tuberculosis treatment failure
Pulmonary manifestations of giant left atrium

2013

Extramedullary hematopoiesis
Pulmonary alveolar proteinosis
Hemophagocytic syndrome
Empyema necessitates
Hypersensitivity pneumonitis
Metastatic calcification
Sarcoidosis
IgG4-related disease
Virtual bronchoscopic navigation
Anti-interferon- γ autoantibody-associated nontuberculous mycobacterial infection

2014

Nodulocystic pulmonary amyloidosis associated with primary Sjogren's syndrome
Pulmonary arteriovenous malformations
Mediastinal lesions with cystic component
Primary MALT lymphoma
Indwelling pleural catheter
Diffuse alveolar haemorrhage
Cystic pulmonary disease and Sjögren's Syndrome

2015

MDR-TB and XDR-TB
Nocturnal hypoventilation
Central venous thrombosis with pleural effusion
Meliodosis
Rigid pleuroscopy in managing empyema
Liberation from prolonged mechanical ventilation
Electromagnetic navigation bronchoscopy
Birt-Hogg-Dube syndrome

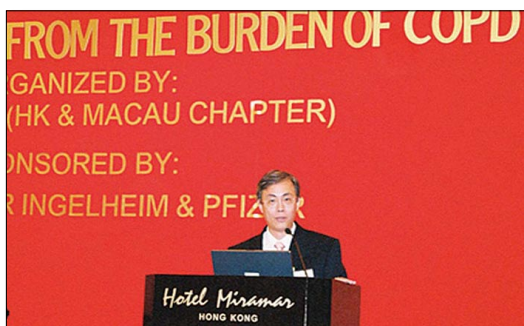
Decades of Memories

Evening Scientific Symposia

The Hong Kong thoracic Society, jointly with the CHEST Delegation Hong Kong and Macau, has co-organised evening and one-day scientific symposia and meetings on a regular and timely basis. Eminent local and overseas speakers were invited to deliver the talks on various aspects of respiratory medicine.



“Symposium on Avian Influenza – In Preparation for a Pandemic” held on 16 April 2005 in the Hong Kong Convention and Exhibition Centre



Dr Kin-sang Chan and Dr Poon-chuen Wong in the symposium “Release patients from the burden of COPD” on 16 October 2005



Professor Dennis O'Donnell in the meeting “Release patients from the burden of COPD” on 27 February 2006



Professor David Hui and Professor Neil Douglas at the meeting “Recent Advances in Sleep Medicine” held on 11 May 2006 at the New World Renaissance Hotel

Anniversary Bulletin - 2016



Group photo of Professor Neil Barnes and members of the Hong Kong Thoracic Society and American College of Chest Physician (Hong Kong and Macau Chapter) at the "Scientific Roundtable Meeting: New Evidence in COPD" held on 9 June 2006 at the Renaissance Harbour View Hotel



Dr Thomas Mok and Professor Peter Barnes speaking in the scientific symposium "Scientific Update on the Treatment of Asthma and COPD" held on 20 July 2006 at Sheraton Hong Kong Hotel and Towers



Dr Christopher Lai and Professor Johnson Sebastian delivered their lectures in the symposium "An Update on the GINA Guideline and Management of Chronic Asthma" held on 6 March 2007 at Conrad Hotel



Dr Chung-ming Chu presenting souvenir to Professor Peter Calvery after the mini-symposium "State-of-the-Art" Management of COPD" held on 14 June 2007 at Conrad Hotel



Professor Barnes and Dr Wai-ming Chan in the asthma symposium "Breaking New Ground in Asthma Management" held on 9 August 2007 at J.W. Marriott Hotel



Dr Wai-ming Chan presented souvenir to Professor Carmel Harrington after the "Sleep Related Breathing and Non-invasive Ventilation" Symposium held on 13 October 2007 at Holiday Inn Golden Mile Hotel

Decades of Memories



Professor Phil Bardin delivering his talk at the evening scientific meeting “Vocal Cord Dysfunction and Asthma” held on 11 June 2013 at Sheraton Hong Kong Hotel and Towers



Professor Roland Buhl and Dr Wai-cho Yu engaging in discussion at the evening scientific meeting “PATHOS and Beyond – a Reality Check on COPD Management” held on 16 July 2013 at Conrad Hotel



Professor Antonio Anzeuto and Dr Hok-sum Chan in the evening symposium “How to Translate Clinical Trials into Real Life Practice in Obstructive Lung Disease Management” held on 8 October 2013 at Hyatt Regency



Dr Christopher Lai presenting souvenirs to Professor David Prince and Professor Rene Aalbers in the symposium “A New Asthma Treatment that can be a Change for the Better”, held on 8 November 2013 at Sheraton Hong Kong Hotel and Towers



Professor Stefano Nava and Dr Chung-ming Chu in the lecture “Emerging Non-invasive Ventilation Applications” held on 10 April 2015 at the Mira Hotel



Professor Antony Torres and Dr Loletta So at Q&A session in the scientific meeting “PES: A New Acronym to Suspected Difficult-to-treat Organisms in Community-acquired Pneumonia” held on 22 June 2015 at Sheraton Hong Kong Hotel and Towers



Dr Maureen Wong and Professor René Aalbers in the symposium “New Advance in COPD Treatment: Novel Once-daily LABA with Unique Soft Mist Delivery” convened on 8 September 2015 at the Mira Hong Kong



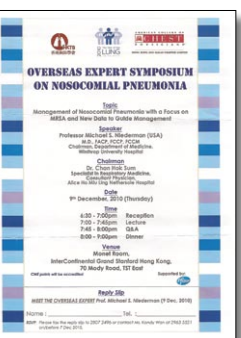
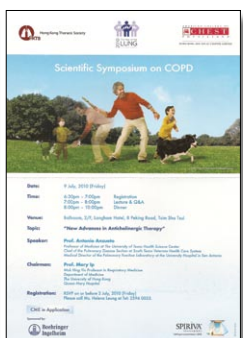
Dr Thomas Mok, Professor Mary Ip and Professor Frank Thien (Speaker) in the Q&A session of the evening scientific lecture “Road to Individualized Medicine in COPD Management” held on 12 November 2015 at Cordis Hong Kong



Dr David Lam (Chair) and Professor Peter Calverley (Speaker) in the Q&A session of the evening scientific lecture “Building on Success in COPD Care: a Novel 2 in 1 Soft Mist Therapy” held on 28 April 2016 at W Hotel Hong Kong



Dr Fanny Ko (Chair) and Professor Jadwiga Wedzicha (Speaker) in the lecture “What’s on FLAME – COPD Exacerbation?” convened on 27 May 2016 at Hyatt Regency



Decades of Memories

Certificate Courses

Certificate Courses on Respiratory Medicine for Allied Health Professionals

(Co-organised with the Federation of Medical Societies of Hong Kong from 2005 to 2016)

The certificate course on Respiratory medicine is jointly organized by Hong Kong Thoracic Society, CHEST Delegation Hong Kong and Macau and the Federation of the Medical Societies of Hong Kong. The course was first convened in 2005 and then annually since 2008. It aims to enhance knowledge of the participants in practical management of common respiratory diseases and interpretation of common respiratory investigations.



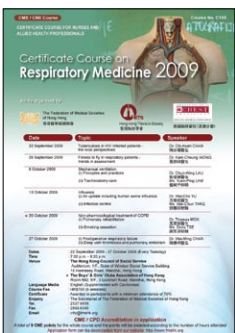
2005



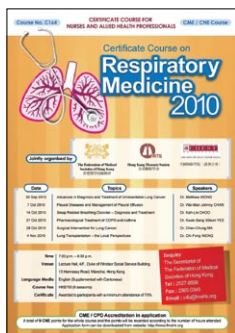
2006



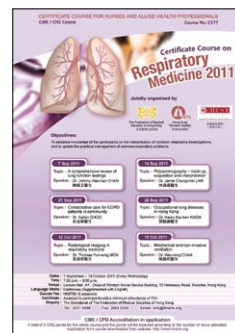
2008



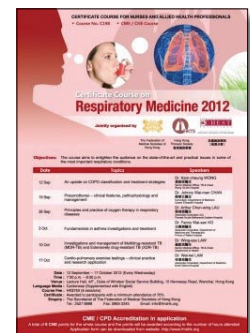
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2010



2011



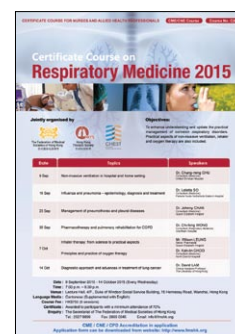
2012



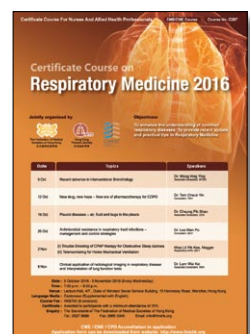
2013



2014



2015



2016



Certificate Courses for Family Physicians

(Co-organised with the Hong Kong College of Family Physicians from 2007 to 2010)

The Hong Kong Thoracic Society and the American College of CHEST Physicians (Hong Kong and Macau Chapter) had jointly organised this certificate course with Hong Kong College of Family Physicians from 2007 to 2010. Target audiences are family physicians and general practitioners. The courses had covered a wide range of topics including community acquired pneumonia and pneumonia, tuberculosis, influenza, COPD, asthma, lung cancer, pleural diseases, lung function testing and smoking cessation.

Certificate Course on Respiratory Infection

Date: 1-20 September, 15, 17 and 24 October, 2009
 Co-organisers: Dr. Thea Pak Yiu (General Practice, Tung Shing Hospital)
 Dr. Francis Lee (Member of Board of Directors, The Hong Kong College of Family Physicians)

Venue: HSPA, 3/F, Dale of Waikato Social Service Building, 15 Hennessy Road, Wanchoo.

Date	Topic	Speakers	Moderators
01 Sep 09 (Sat)	1. Management of CAP: Update and highlights of Recent Treatment Evidence 2. Respiratory Infection in CAP: Consideration of Antibiotics and Role of Pneumococcal Vaccines	Dr. Chak Hing Yee (General Practitioner, Tung Shing Hospital) Dr. Ho Pak Chiu (General Practitioner, Tung Shing Hospital)	Dr. Francis Lee
15 Oct 09 (Sat)	1. Prevention and Control of TB - role of the Family Physician 2. Tuberculosis	Dr. Tom Cheuk Wing (General Practitioner, Tung Shing Hospital) Dr. James Mok Chung (General Practitioner, Tung Shing Hospital)	Dr. Ngan Pui Kun
17 Oct 09 (Sat)	1. Common Respiratory Infections in the Community 2. Influenza: Prevention, Treatment and Vaccination	Dr. Lee Pui Yin (General Practitioner, Tung Shing Hospital) Dr. Ho Pak Chiu (General Practitioner, Tung Shing Hospital)	Dr. Francis Lee
24 Oct 09 (Sat)	1. Approach to Unexplained Pneumonia 2. Role of Respiratory Infection in Adult Chronic Obstructive COPD	Dr. Chak Hing Yee (General Practitioner, Tung Shing Hospital) Dr. Fanny Ko (General Practitioner, Tung Shing Hospital)	Dr. Ngan Pui Kun

ACCFP / ACCP Members: 100 (100%); HKAFS Representatives: 10 (100%); Non-members: 10 (100%)
 All charges payable to: "HRCFP Education Fund" for any enquiry, contact Hong Kong College of Family Physicians, No. 15 Hennessy Road, Wanchoo, HK.
 Capacity: 100 participants
 CME / CFP Points: 10 CME / CFP Points for each session (Cat. 4, 4-B)
 HRCFP / ACCP / HKAFS Members: 100 CFP Points for each session (Cat. 4, 4-B)
 Non-members: 10 CFP Points for each session (Cat. 4, 4-B)
 All fees included are non-refundable and non-transferable.
 Award Capacity: 100 participants
 These who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance".

Certificate Course on Respiratory Infection 2009 (Speakers: Dr Hok-sum Chan, Dr Chung-ming Chu, Dr Fanny Ko, Dr Man-po Lee, Dr Chun-kong Ng, Dr Cheuk-ming Tam, Dr Yiu-cheong Yeung, and Dr Wai-cho Yu)

Certificate Course on Respiratory Medicine

Co-organised by:
 American College of Chest Physicians (Hong Kong and Macau Chapter)
 The Hong Kong College of Family Physicians
 Sponsored by: Hong Kong Thoracic Society and the Hong Kong Medical Association

Date: 25 September, 6-23 October and 13 November, 2010 (Saturdays)
 Time: 9:00 - 12:00 pm daily
 2:00 - 4:45 pm Lectures & Discussion
 CME / CFP Points: 10 CME / CFP Points for each session (Cat. 4, 4-B)
 HRCFP / ACCP / HKAFS Members: 100 CFP Points for each session (Cat. 4, 4-B)
 Non-members: 10 CFP Points for each session (Cat. 4, 4-B)
 All fees included are non-refundable and non-transferable.

Venue: HRCFP / ACCP / HKAFS Members: 100 CFP Points for each session (Cat. 4, 4-B)
 Non-members: 10 CFP Points for each session (Cat. 4, 4-B)
 All fees included are non-refundable and non-transferable.

Award Capacity: 100 participants
 These who have attended 75% or more of all the sessions will be awarded a "Certificate of Attendance".

Date	Topic	Speakers	Moderators
25 Sep 10	1. Smoking and Lung Health: Smoking Cessation	Dr. Thomas K. Mok (Chief of Section, Respiratory Medical Department, Tung Shing Hospital)	Dr. Francis Lee
6 Oct 10	2. COPD - Why Some Patients are Better Managed?	Dr. Maureen M. Wong (Director, Department of Medicine & Geriatrics, Queen Elizabeth Hospital)	Dr. Francis Lee
13 Oct 10	1. Management of Tuberculosis: Local Perspective	Dr. S. K. Chan (Senior Consultant, TB & Chest Service, Queen Elizabeth Hospital)	Dr. Ngan Pui Kun
20 Oct 10	2. Evaluation and Management of Obstructive Sleep Apnoea	Dr. Kah-lin Choo (Senior Consultant, Department of Medicine, Queen Elizabeth Hospital)	Dr. Francis Lee
27 Oct 10	1. Asthma Update on Management	Dr. James M. Ho (Senior Consultant, Department of Medicine & Respiratory, Prince of Wales Hospital)	Dr. Francis Lee
3 Nov 10	1. Lung Cancer: Towards Earlier Diagnosis and Update on Treatment	Dr. James M. Ho (Senior Consultant, Department of Medicine, Prince of Wales Hospital) Dr. Anthony M. M. Chan (Senior Consultant, Department of Medicine, Queen Elizabeth Hospital)	Dr. Ngan Pui Kun
13 Nov 10	2. Approach and Management of Pleural Effusion	Dr. James M. Ho (Senior Consultant, Department of Medicine & Respiratory, Prince of Wales Hospital)	Dr. Francis Lee

ACCFP / ACCP Members: 100 (100%); HKAFS Representatives: 10 (100%); Non-members: 10 (100%)
 All charges payable to: "HRCFP Education Fund" for any enquiry, contact Hong Kong College of Family Physicians, No. 15 Hennessy Road, Wanchoo, HK.
 Capacity: 100 participants
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 HRCFP / ACCP / HKAFS Members: 100 CFP Points for each session (Cat. 4, 4-B)
 Non-members: 10 CFP Points for each session (Cat. 4, 4-B)
 All fees included are non-refundable and non-transferable.

Certificate Course on Respiratory Infection 2010 (Speakers: Dr Chi-kuen Chan, Dr Hok-sum Chan, Dr Johnny Chan, Dr Kah-lin Choo, Dr James Ho, Dr Fanny Ko, Dr Thomas Mok and Dr Maureen Wong)

Decades of Memories

Certificate Courses on Non-invasive Mechanical Ventilation

(2012 and 2013)

With the joint effort and support of all colleagues from both the Hong Kong Thoracic Society and American College of Chest Physicians (Hong Kong and Macau Chapter), this certificate course was held the first time on 27 May 2012. The course was most welcomed by the respiratory community across different disciplines including doctors and nurses, physiotherapists and occupational therapists. The course was held again on 27 January 2013. Both courses had received highly positive comments from the delegates.



Certificate Course on Non-invasive Mechanical Ventilation on 27 May 2012
(From left: Mr Henry Poon, Ms Winnie Wai, Ms Ansela Hung, Ms Maggie Lit, Ms Amon Lam, Dr Kah-lin Choo, Dr Wing-hing O, Dr Chung-ming Chu, Professor David Hui, Dr Chun-kong Ng, Dr Jamie Lam, Dr Arthur Lau, Dr Susanna Ng and Dr Grace Lam)



Certificate Course on Non-invasive Mechanical Ventilation on 27 January 2013
(From left: Mr Shu-wah Ng, Dr Arthur Lau, Dr Grace Lam, Dr Jamie Lam, Dr Kah-lin Choo, Dr Chung-ming Chu, Dr Wai-kei Lam, Dr Chun-kong Ng and Ms Maggie Lit)



Hands-on workshop



Discussion among members of the panel



Newsletter and Websites

Joint Newsletter of the Hong Kong Thoracic Society, Chest Delegation Hong Kong and Macau and Hong Kong Lung Foundation

The first issue of the Hong Kong Thoracic Society Newsletter was published in October 1987 with Professor Wah-kit Lam as the founding editor. Subsequently, the Newsletter expanded its scope in October 1991 to become a tri-monthly joint communique of the Society and the American College of Chest Physicians (Hong Kong and Macau Chapter), and a joint communique with the Hong Kong Lung Foundation since March 2008.

In its early issues, the Newsletter content featured editorial review on respiratory topics, case summary of clinical meetings, news of the Society, overseas conference reports, abstracts of members' publications, and diary of forthcoming scientific meetings.

List of Chief Editors:

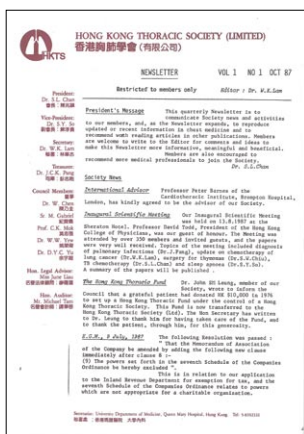
1987 – 1989	Professor Wah-kit Lam
1989 – 1991	Dr William Chen and Professor Mary Ip
1991 – 1993	Dr Hok-sum Chan, Professor Mary Ip and Dr Christopher Lai
1993 – 1999	Dr Wai-cho Yu
1999 – 2001	Dr Chung-ming Chu
2001 – 2003	Dr Cheuk-yin Tam
2003 – 2005	Dr James Ho
2005 – 2007	Dr Fanny Ko
2007 – 2009	Dr Loletta So
2009 – 2011	Dr Johnny Chan
2011 – 2013	Dr David Lam
2013 – 2015	Dr Chun-kong Ng
2015 – present	Dr Wai-kei Lam

Throughout the past two decades, the Newsletter has expanded its contents to cover the need of our growing members. The “Practical Corner” was introduced in 1999 as a successful column in providing communications on common and important concepts in respiratory medicine. Since 2009, physiotherapy, occupational therapy and nursing corners were featured and a “Respiratory Update” section was ingrained as a regular communication on latest international and local respiratory publications by local authors. Hong Kong Lung Foundation fellows were invited to share their training experience in the Newsletter, while dissertation abstracts of new

Decades of Memories

fellows are published to make their works known to all members. The Newsletter had also included statistical corner, book review column, and an area on recreational articles. To keep up with the latest blossom of respiratory endoscopy and interventional pulmonology, a regular interventional pulmonology corer was introduced since 2013. Importantly, new of the Society and the Foundation and clinical practice standards published by the Society are communicated to all members via the Newsletter.

The most dramatic move in the past decade is certainly the digitalization of Newsletter contents. Thanks to the hard work of the website committee in 2010. Electronic copies of all issues were made accessible to all members by collecting and exhaustively scanning hard copies of past issues to the web archive. Starting from August 2013, electronic copies of the Newsletter are sent to members by email. Full electronic publishing of Newsletter was stipulated in December 2014 as our commitment to environmental protection.



Founding issue of the HKTS Newsletter in October 1987



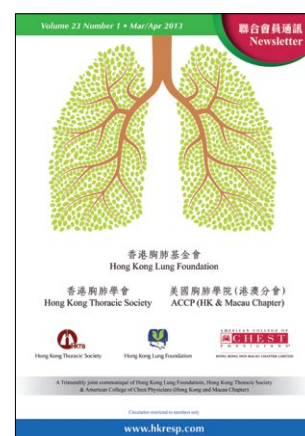
First issue of the HKTS/ ACCP HK and Macau Chapter Joint Newsletter



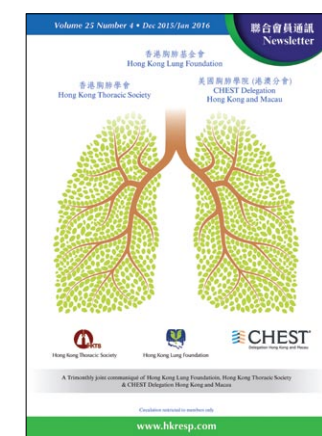
Joint Newsletter of the HKTS, ACCP (HK & Macau Chapter) and HKLF



62 Newsletter Cover (2009 – 2011)



Newsletter Cover (2013 – 2015)



Newsletter Cover (2015 – 2017)



Joint Website of the Hong Kong Thoracic Society and the Chest Delegation Hong Kong and Macau

Development of the www.hkresp.com Website

The idea of building a joint website for all respiratory societies in Hong Kong was first proposed in March 2009. Under the co-chairmanship of Dr Arthur Lau and Dr Angus Lo of the then Information Technology (IT) Subcommittee, and with expert input from Dr Kenny Chan, the website took shape at an internet café and became functional by July that same year. In 2013, with a view to digitalising the Societies' Newsletter, the IT Subcommittee combined with the Newsletter Subcommittee to form the Newsletter and Website Committee, which enhanced the website's security control features to protect against the increasing incidences of hacking and malicious defacement. The content of the website has been enriched over the years by the dedication of Dr Chun-kong Ng, Dr Wai-kei Lam and their teams. Visitors can now enjoy a stable and informative website, where current and past issues of the Newsletter since 1987, videos and photos taken at various occasions, information on upcoming events, and much more, are easily accessible. This year, to mark the anniversaries of the respiratory societies, the website has taken on a new look since 20 January 2016. Come visit at www.hkresp.com!



Dr Angus Lo (left) and Dr Kenny Chan (right) began the earliest technical work of installing the Joomla template to the server at an internet café (Photo taken by Dr Arthur Lau in 2009)

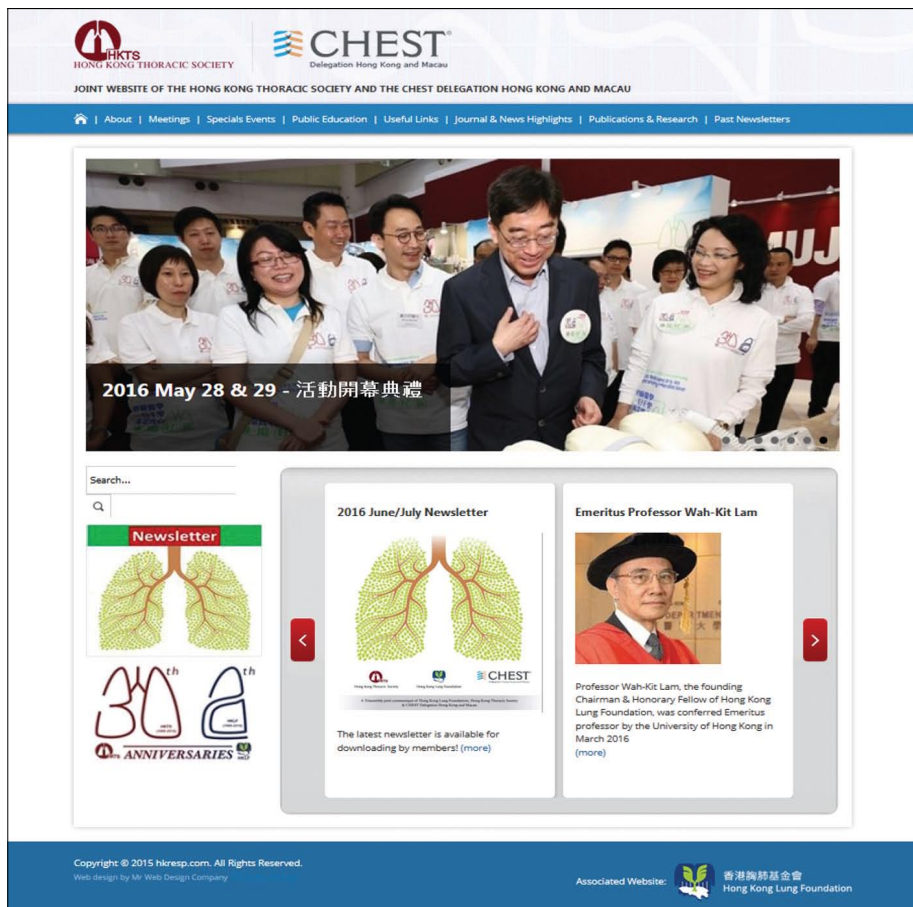


The First Website Working Group Meeting on 15 April 2013 at the ICU of Pamela Youde Nethersole Eastern Hospital (From Left: Drs Angus Lo, Jenny Ngai, Jane Cheung, Arthur Lau, Grace Lam, Yiu-cheong Yeung, Hoi-nam Tse, King-ying Wong, Wai-lam Law and Chun-kong Ng)

Decades of Memories



Front page of the hkresp.com website in 2000's



Front page of the current website which has been revamped since January 2016



Hong Kong Lung Foundation Website

The Hong Kong Lung Foundation (HKLF) website retains its bilingual feature, alongside the much-needed option of simplified Chinese for our mainland friends, after its revamp in 2015. Thanks to the prior effort of Dr Kin-sang Chan who religiously maintained the website when he was then secretary, one can now reminisce about our history. That includes the bidding letter and programme book cover of the 13th Asian Pacific Congress on Diseases of the CHEST in 1994, together with snapshots of a couple of international events in the ensuing years that put Hong Kong on the radar of world-class respiratory medicine.

Apart from detailing our history and mission, the HKLF website chronicles and showcases important events organized under the auspices of HKLF, including “The Burden of Lung Diseases”, “Year of the Lung”, as well as various educational and publicity activities held at the time of our 10th and 15th Anniversaries. Guidelines, publications and press releases are likewise archived when we champion lung health for our city.

Announcements on HKLF fellowships, research grants and Sino Exchange Scholarship applications can be found on our web for medical professionals; educational pamphlets are available for laymen to download.

In our virtual “Hall of Fame”, awardees are listed: HKLF Honorary Fellow (Professor Wah-kit Lam), HKLF Fellows, Young Investigators, as well as scholars and winners whom we have awarded in commemoration of Dr Tse Yuen Man.

Although our website does not feature the number of hits, it must have been frequented by the public since we receive donations from them now and then. That’s encouraging! “HKLF” – make it a household name - let’s march on!



Front page of the Hong Kong Lung Foundation website

Decades of Memories

Publications

Publications for the Respiratory Doctors and Health Care Professionals

Over the years Hong Kong Thoracic Society and Hong Kong Lung Foundation has published a number of position papers, practice standards, guidelines and booklets. These served as invulnerable reference for respiratory doctors and health care professionals.

1996 - 2006

1. Clinical Application of Oxygen Therapy

A paper published by the Hong Kong Thoracic Society with emphasis on the cost-effective method of oxygen delivery in hospital. The paper was submitted to the Hospital Authority in 1992.

2. Control of Tuberculosis

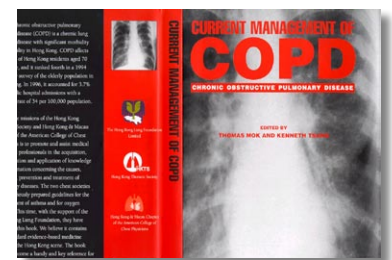
A position paper published in 1993 by the Hong Kong Thoracic Society.

3. Asthma Management Guidelines

An updated asthma management guidelines published by the Hong Kong Thoracic Society in 1994.

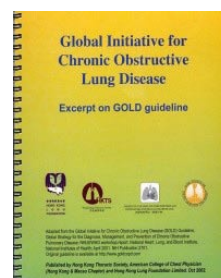
4. Current Management of Chronic Obstructive Pulmonary Disease (COPD)

The book was published in 1999 by the Hong Kong Thoracic Society, the Hong Kong Lung Foundation and the American College of Chest Physicians (Hong Kong and Macau Chapter) and edited by Dr Thomas Mok and Professor Kenneth Tsang.



5. Global Initiative for Chronic Obstructive Lung Disease (GOLD) - excerpt on GOLD Guideline

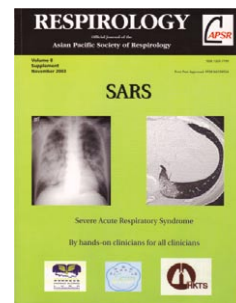
To promote the GOLD guideline for management of COPD, these guidelines and CD-ROM were jointly produced by the Hong Kong Thoracic Society, the Hong Kong Lung Foundation and the American College of Chest Physicians (Hong Kong and Macau Chapter) in 2001.





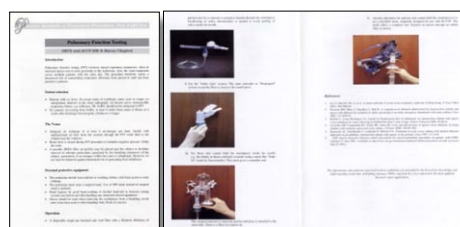
6. The SARS Respiriology Supplement (Respirology 2003; Volume 8)

The supplement is a collection of articles written by members of the Hong Kong Thoracic Society, the Hong Kong Lung Foundation, the American College of Chest Physicians (Hong Kong and Macau Chapter) and respiratory specialists in Asia Pacific region. The Hong Kong Lung Foundation has funded the production of 5,000 copies for distribution to doctors in Hong Kong and mainland China.



7. Practice Standards of Respiratory Procedures: Post SARS Era 2003

In the post SARS era, this guideline described best practices to minimize the spread of respiratory infections during lung function testing, non-invasive positive pressure ventilation, use of aerosolized medications and bronchoscopy.



2006 - 2016

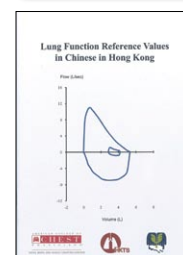
8. Practice Standards of Respiratory Procedures: Noninvasive Positive Pressure Ventilation (First draft 2004. Updated 2005 & 2014)

An updated joint statement of Hong Kong Lung Foundation, Hong Kong Thoracic Society and CHEST Delegation Hong and Macau on the indications and infection control measures for noninvasive ventilation.



9. Monograph: Lung Function Reference Values in Chinese in Hong Kong (2011)

Edited by Professor Mary Ip and Professor Moira Chan, the monograph summarized lung function reference values derived from the local normal population.



10. Guidelines on Procedural and Sedation Safety in Flexible Bronchoscopy and Pleuroscopy (2015)

This guideline was written by the special interest group in bronchology and interventional pulmonology of the Hong Kong Thoracic Society, Hong Kong Lung Foundation and CHEST Delegation Hong Kong and Macau. It provided a comprehensive and evidence-based reference on the practice of bronchoscopy and pleuroscopy.



FOSTER MEDICAL EDUCATION AND RESEARCH

The Hong Kong Lung Foundation Research Grant

The Hong Kong Lung Foundation was established in 1996 to nurture advancement in clinical practice in the field of lung diseases in the Hong Kong Special Administration Region. As from January 2001, the foundation has been awarding research grants annually to fund local research projects of clinical and academic significance. This aims to enhance the research culture and standards of local clinicians and health-care professionals in the field of respiratory medicine and related disciplines.

Awards shall be made to fund research projects in respiratory medicine and related disciplines, which shall be performed in Hong Kong SAR. One to three awards shall be granted each year in March, after consideration by the Research Grant Committee of the Foundation. The sum of grants shall not exceed HK\$400,000 although the final figure shall be determined by the Foundation on a yearly basis.

Either of the following will be eligible to apply as a principal investigator:

- i. Active Members of the Hong Kong Thoracic Society and CHEST Delegation Hong Kong and Macau for not less than two years' standing. The applicants must also have completed higher professional training recognized by the Foundation and Hong Kong College of Physicians
- ii. Active Associate Members of the Hong Kong Thoracic Society of not less than 3 years' standing.

Record of Awardees

2001 - 2002

1. Dr Bing Lam, Queen Mary Hospital

Factors predisposing patients with COPD to infection by fluoroquinolone-resistant *Streptococcus pneumoniae*

2. Dr Thomas Mok, Kowloon Hospital

Effects of long term oxygen therapy on survival and evaluation of predictors for the latter for patients suffering from obstructive pulmonary disease in Hong Kong

3. Dr Wai-cho Yu, Princess Margaret Hospital

Genetic and dietary factors in the pathogenesis of chronic obstructive lung disease



2002 - 2003

1. Dr Fanny Ko, Prince of Wales Hospital

Prevalence of respiratory symptoms, common respiratory diseases, atopy and bronchial hyperresponsiveness in elderly Chinese living in Hong Kong

2. Dr Sheng-sheng Ho, Alice Ho Miu Ling Nethersole Hospital

A prospective study of the epidemiology and the efficacy of initial empirical antibiotic treatment of community-acquired pneumonia in Hong Kong

3. Dr Clara Ooi, Queen Mary Hospital

Bronchial wall thickening in bronchiectasis: utility of qualitative CT in clinico-functional correlation

4. Dr James Ho, Queen Mary Hospital

A study of the role of antioxidants and oxidative load in obstructive sleep apnoea

5. Dr Ting-fun Leung, Prince of Wales Hospital

The clinical utility of exhaled nitric oxide in diagnosing asthma in children

2003 - 2004

1. Professor Moira Chan, Queen Mary Hospital

Risk factors for Chronic Obstructive Pulmonary Disease (COPD) in Hong Kong, its early detection and prevention

2. Dr Clara Ooi, Queen Mary Hospital

Comparative analysis of radiographic features between patients with Severe Acute Respiratory Syndrome (SARS) and those with Non-SARS pneumonia

2004 - 2005

1. Dr Pak-leung Ho, The University of Hong Kong

Development and validation of a simple test for identification of MexAB-OprM efflux over-expression in *Pseudomonas aeruginosa*

2. Dr Poon-chuen Wong, Grantham Hospital

Evaluation of the implementation of the Hong Kong Thoracic Society version of the GOLD guidelines for the management of chronic obstructive pulmonary disease in Hong Kong

Decades of Memories

3. Professor Moira Chan, Queen Mary Hospital

Risk factors for chronic obstructive pulmonary disease in Hong Kong, its early detection and prevention

4. Dr James Ho, Queen Mary Hospital

Oxidative stress and acute exacerbation of asthma

5. Dr Fanny Ko, Prince of Wales Hospital

Prevalence of asthma and chronic obstructive pulmonary disease in elderly Chinese living in Hong Kong: a community-based study with lung function assessment

2005 - 2006

1. Dr Judith Mak, Queen Mary Hospital

An experimental model for studying passive cigarette smoking: Effects on the pathogenesis of smoke-associated lung disease

2. Professor Moira Chan, Queen Mary Hospital

Study of clinical features, natural history and outcome of human avian influenza (H5N1) infection in an epidemic

3. Dr Fanny Ko, Prince of Wales Hospital

To study the effect of early pulmonary rehabilitation on exacerbations, hospitalization rates and quality of life in patients admitted to hospital with acute exacerbation of chronic obstructive pulmonary disease

2006 - 2007

1. Dr Judith Mak, Queen Mary Hospital

Oxidative stress and acute exacerbation of chronic obstructive lung disease

2. Dr Kin-wang To, Prince of Wales Hospital

A pilot study of a new device for the diagnosis of obstructive sleep apnoea in high risk Chinese patient population in Hong Kong

3. Dr Fanny Ko, Prince of Wales Hospital

Study the exhaled nitric oxide level and nitric oxide synthase gene polymorphisms in normal adults in Hong Kong



4. Dr David Lam, Queen Mary Hospital

Effects of green tea extract (GTE) on systemic oxidative and anti-oxidative status in Chinese patients with stable asthma

2007 - 2008

1. Professor Moira Chan, Queen Mary Hospital

Burden of lung diseases in Hong Kong (Extension)

2. Dr Chung-ming Chu, United Christian Hospital

A randomized controlled trial of continuation of home non-invasive ventilation vs sham ventilation in survivors of acute hypercapnic respiratory failure in COPD

3. Dr David Lam, Queen Mary Hospital

Establishment of primary lung cancer cell lines with stem-like properties and correlations with clinical characteristics

2008 - 2009

1. Professor Moira Chan, Queen Mary Hospital

Smoking-related lung function decline in Chinese subjects

2. Dr James Ho, Queen Mary Hospital

In-vitro combination of arsenic trioxide and chemotherapy in non-small cell lung cancer

3. Dr David Lam, Queen Mary Hospital

Correlation of serum and induced sputum biomarkers with smoking related lung function abnormalities in Chinese subjects

2009 - 2010

1. Professor Mary Ip, Queen Mary Hospital

Correlation of serum biomarkers with smoking-related lung function abnormalities in Chinese subjects

2010 - 2011

1. Professor Mary Ip, Queen Mary Hospital

Correlation of serum biomarkers with smoking-related lung function abnormalities in Chinese subjects

Decades of Memories

2. Dr Hok-sum Chan, Alice Ho Miu Ling Nethersole Hospital

The management pattern, co-morbidities and morbidity of COPD patients in Hong Kong

2014 - 2015

1. Dr Christopher Hui, Queen Mary Hospital

The Prevalence, Clinical Characteristics and Progression of Normal Tension Glaucoma in Chinese Individuals with Obstructive Sleep Apnoea

2015 - 2016

1. Dr Shirley Ngai, The Hong Kong Polytechnic University

Impact of acute smoking on skeletal muscle derangement and functional impairment

2. Dr Yiu Cheong Yeung, Princess Margaret Hospital

Clinical characteristics and prevalence of patients with asthma-COPD overlap syndrome in a regional hospital in Hong Kong

Papers Published with the Support of the Hong Kong Lung Foundation Research Grant

2006

- Ko FW, Lai CK, Woo J, Ho SC, Ho CW, Goggins W, Hui DS. 12-year change in prevalence of respiratory symptoms in elderly Chinese living in Hong Kong. *Respir Med.* 2006;100(9):1598-607.
- Leung LC, Ng DK, Lau MW, Chan CH, Kwok KL, Chow PY, Cheung JM. Twenty-four-hour ambulatory BP in snoring children with obstructive sleep apnea syndrome. *Chest.* 2006 ;130(4):1009-17.

2007

- Chan-Yeung MM, Ho SP, Cheung AH, So LK, Wong PC, Chan KK, Chan JW, Ip MS, Mak JC. Polymorphisms of glutathione S-transferase genes and the functional activity in smokers with or without COPD in Hong Kong Chinese. *Int J Tuberc Lung Dis.* 2007;11(5):508-14.
- Mak JC, Ho SP, Yu WC, Choo KL, Chu CM, Lam WK, Chan-Yeung MM. Polymorphisms and functional activities in superoxide dimutase and catalase genes in smokers with COPD. *Eur Respir J* 2007; 30(4):684-90.



2008

- Ko FW, Woo J, Tam W, Lai CK, Ngai J, Kwok T, Hui DS. Prevalence and risk factors of airflow obstruction in an elderly Chinese population. *Eur Respir J.* 2008 ;32(6):1472-8.

2009

- Chan KH, Ho SP, Yeung SC, So WH, Cho CH, Koo MW, Lam WK, Ip MS, Man RY, Mak JC. Chinese green tea ameliorates lung injury in cigarette smoke-exposed rats. *Respir Med.* 2009; 103(11):1746-54.
- Mak JC, Chan-Yeung MM, Ho SP, Chan KS, Choo KL, Yee KS, Chau CH, Cheung AH, Ip MS, Members of Hong Kong Thoracic Society COPD Study group. Elevated plasma TGF-beta1 levels in patients with chronic obstructive pulmonary disease. *Respir Med.* 2009 103(7):1083-9.
- To KW, Chan WC, Chan TO, Tung A, Ng S, Choo KL, Hui DS. Validation study of a portable monitoring device for identifying OSA in a symptomatic patient population. *Respirology.* 2009;14(2):270-5.

2010

- Chan KH, Yeung SC, Yao TJ, Ip MS, Cheung AH, Chan-Yeung MM, Mak JC, COPD Study Group of the Hong Kong Thoracic Society. Elevated plasma adiponectin levels in patients with chronic obstructive pulmonary disease; *Int J Tuberc Lung Dis.* 2010; 14(9):1193-200.
- Cheung AP, Chan VL, Liong JT, Lam JY, Leung WS, Lin A, Chu CM. A pilot trial of non-invasive home ventilation after acidotic respiratory failure in chronic obstructive pulmonary disease. *Int J Tuberc Lung Dis.* 2010;14(5):642-9.

2011

- Ko FW, Dai DL, Ngai J, Tung A, Ng S, Lai K, Fong R, Lau H, Tam W, Hui DS. Effect of early pulmonary rehabilitation on health care utilization and health status in patients hospitalized with acute exacerbations of COPD. *Respirology.* 2011;16(4):617-24.

2012

- Chan KH, Chan SC, Yeung SC, Man RY, Ip MS, Mak JC. Inhibitory effect of Chinese green tea on cigarette smoke-induced up-regulation of airway neutrophil elastase and matrix metalloproteinase-12 via antioxidant activity. *Free Radic Res* 2012; 46(9):1123-9.
- Lam DC, Fong DT, Yu CW, Ko FW, Lau AC, Chan JW, Choo KL, Mok TY, Tam CY, Ip MS, Chan-Yeung MM. FEV3, FEV6 and their derivatives for detecting airflow obstruction in adult Chinese. *Int J Tuberc Lung Dis.* 2012;16(5):681-6.
- Lau WK, Chan-Yeung MM, Yip BH, Cheung AH, Ip MS, Mak JC, COPD Study Group of the Hong Kong Thoracic Society. The role of circulating serotonin in development of chronic obstructive pulmonary disease. *PLoS One.* 2012;7(2):e31617.

2013

- Ko FW, Leung TF, Wong GW, Chu JH, Sy HY, Hui DS. Determinants of, and reference equation for, exhaled nitric oxide in the Chinese population. *Eur Respir J.* 2013;42(3):767-75.
- Mak JC, Ho SP, Ho AS, Law BK, Cheung AH, Ho JC, Ip MS, Chan-Yeung MM. Sustained elevation of systemic oxidative stress and inflammation in exacerbation and remission of asthma. *ISRN Allergy.* 2013;2013:561831.

2014

- Lam SK, Mak JC, Zheng CY, Li YY, Kwong YL, Ho JC. Downregulation of thymidylate synthase with arsenic trioxide lung adenocarcinoma. *Int J Oncol.* 2014;44(6):2093-102.
- Lam SK, Li YY, Zheng CY, Leung LL, Ho JC. E2F1 downregulation by arsenic trioxide in lung adenocarcinoma. *Int J Oncol.* 2014;45(5):2033-43.

Papers Published by the Hong Kong Thoracic Society

Over the years Hong Kong Thoracic Society has published 9 papers in peer-reviewed journals. The papers covered a variety of topics including burden of respiratory diseases and utilization of home mechanical ventilation in Hong Kong, local reference values for lung function tests and studies on biomarkers for COPD.



2004

- Chu CM, Yu WC, Tam CM, Lam CW, Hui DS, Lai CK, on behalf of the Hong Kong Home Ventilation Registry, Hong Kong Thoracic Society.
Home mechanical ventilation in Hong Kong. *Eur Respir J.* 2004;23(1):136-41.

2006

- Ip MS, Ko FW, Lau AC, Yu WC, Tang KS, Choo KL, Chan-Yeung MM, on behalf of Hong Kong Thoracic Society and American College of Chest Physicians (Hong Kong and Macau Chapter).
Updated Spirometric Reference Values for Adult Chinese in Hong Kong and Implications on Clinical Utilization. *Chest.* 2006;129(2):384-92.
- Ip MS, Lam WK, Lai AY, Ko FW, Lau AC, Ling SO, Chan JW, Chan-Yeung MM, on behalf of the Hong Kong Thoracic Society.
Reference values of diffusing capacity of non-smoking Chinese in Hong Kong. *Respirology.* 2007;12(4):599-606.

2007

- Chan-Yeung MM, Ho AS, Cheung AH, Liu RW, Yee WK, Sin KM, Wong MM, Lam CW, Chan KS, Lam WK; Hong Kong Thoracic Society COPD Study Group.
Determinants of chronic obstructive pulmonary disease in Chinese patients in Hong Kong. *Int J Tuberc Lung Dis.* 2007;11(5):502-7.

2008

- Chan-Yeung MM, Lai CK, Chan KS, Cheung AH, Yao TJ, Ho AS, Ko FW, Yam LY, Wong PC, Tsang KW, Lam WK, Ho JC, Chu CM, Yu WC, Chan HS, Ip MS, Hui DS, Tam CY; Hong Kong Thoracic Society.
The burden of lung disease in Hong Kong: A report from the Hong long Thoracic Society. *Repirology.* 2008;13 Suppl 4:S133-65.

2009

- Mak JC, Chan-Yeung MM, Ho SP, Chan KS, Choo KL, Yee KS, Chau CH, Cheung AH, Ip MS, Members of Hong Kong Thoracic Society COPD Study group
Elevated plasma TGF-beta1 levels in patients with chronic obstructive pulmonary disease. *Respir Med.* 2009 103(7):1083-9.

Decades of Memories

2010

- Chan KH, Yeung SC, Yao TJ, Ip MS, Cheung AH, Chan-Yeung MM, Mak JC, COPD Study Group of the Hong Kong Thoracic Society.
Elevated plasma adiponectin levels in patients with chronic obstructive pulmonary disease; *Int J Tuberc Lung Dis.* 2010; 14(9):1193-200.
- Ko FW, Chan AM, Chan HS, Kong AY, Leung RC, Mok TY, Tse HH, Lai CK.
Are Hong Kong doctors following the Global Initiative for Asthma guidelines: a questionnaire “Survey on Asthma Management”? *Hong Kong Med J* 2010;16(2):86-93.

2012

- Lau WK, Chan-Yeung MM, Yip BH, Cheung AH, Ip MS, Mak JC, COPD Study Group of the Hong Kong Thoracic Society.
The role of circulating serotonin in development of chronic obstructive pulmonary disease. *PLoS One.* 2012;7(2):e31617.

Hong Kong Lung Foundation Dr William Chen Young Investigator’s Award

The award was established since 1996 and renamed as Dr William Chen’s Young Investigator’s Award in 2008. It was presented to the best presenters of abstract in the Joint Annual Scientific Meeting of the Hong Kong Thoracic Society and CHEST Delegation Hong Kong and Macau.

Year	Awardees	Affiliation
1997	Dr Dominic Choy	Department of Medicine and Therapeutics Prince of Wales Hospital
1998	Dr Dominic Choy	Department of Medicine and Therapeutics Prince of Wales Hospital
1999	Dr Sing-tao Li	Department of Medicine and Therapeutics Prince of Wales Hospital
2000	Dr James Ho	Department of Medicine Queen Mary Hospital
2001	Dr Bing Lam	Department of Medicine Queen Mary Hospital
2002	Dr David Lam	Department of Medicine Queen Mary Hospital



Year	Awardees	Affiliation
2003	Dr Karen Lee	Department of Medicine and Therapeutics Prince of Wales Hospital
	Dr Matthew Wong	Department of Medicine Queen Mary Hospital
2006	Dr Alvin Tung	Department of Medicine and Therapeutics Prince of Wales Hospital
2008	Dr Pik-shan Cheung	Department of Medicine and Geriatrics United Christian Hospital
2015	Dr Christopher Hui	Department of Medicine Queen Mary Hospital
2016	Dr Cheung-wai Sze (Champion)	Department of Medicine and Geriatrics Tuen Mun Hospital
	Dr Yu-hong Chan (1 st Runner up)	Department of Medicine and Geriatrics Princess Margaret Hospital
	Dr Kin-keung Kwong (2 nd Runner up)	Department of Medicine and Geriatrics Princess Margaret Hospital

Hong Kong Lung Foundation Dr Tse Yuen Man Community Service Award

(香港胸肺基金會謝婉雯醫生社區貢獻獎)

At the first decade after SARS, a prize was set up to award medical students of the Chinese University of Hong Kong, the Alma Mater of Dr Tse Yuen Man, with grade point average (GPA) score above 3.3 in recognition of their humanitarian deeds.

Awardees

2013/14	Mr Wing-tak Yung
2014/15	Ms Ka-yee Ma
2015/16	Ms Joanne Chung-yan Sung

ENCOURAGE INTERNATIONAL TRAINING IN RESPIRATORY MEDICINE

Hong Kong Lung Foundation Fellowship

Hong Kong Lung Foundation Fellowship is open to application from medical practitioners, allied health professionals, scientists, students and others. It aims at facilitating overseas travel to engage in research, study and training concerning modern methods of diagnosis, prevention and treatment of diseases of the respiratory system.

The Hong Kong Lung Foundation Fellowship has three types of awards:

- The first is open to members of the medical profession, granting a sum up to HK\$120,000.
- The second is open to members of the nursing and allied health professionals, granting a sum up to HK\$80,000.
- The third is open to all members of the medical, nursing and allied health professionals, granting a sum up to HK\$50,000 for attending conferences or short training courses of 3 months or less.

The Fellowship is open to application twice a year in June and December. The applicant must be an active associate member / member / fellow of the Hong Kong Thoracic Society / CHEST Delegation Hong Kong and Macau for no less than one year at time of the application. Successful applicants will be known as the Hong Kong Lung Foundation Fellows.



From 1996 - 2016, 34 Hong Kong Lung Foundation Fellows (including 6 nursing, physiotherapy and occupational therapy professionals) had received training in respiratory medicine in 7 countries over 4 continents

Anniversary Bulletin - 2016



Awardees

1997 - 1998

Dr Yiu-ki Ng	Department of Paediatrics, Queen Mary Hospital	6-month training in Paediatric Intensive Care at Children's Hospital in USA
Dr Sai-on Ling	Respiratory Medical Department, Kowloon Hospital	6-month training in Respiratory Medicine at Aintree Chest Centre in United Kingdom
Mr David Yu	Physiotherapy Department, Kowloon Hospital	5-week training in Respiratory Care & Physiotherapy at St. Vincent's Hospital in Australia
Miss Patricia Mak	Physiotherapy Department, Princess Margaret Hospital	2-month training in Respiratory Rehabilitation at National Jewish Centre in USA

1998 - 1999

Dr Dominic Choy	Department of Medicine and Therapeutics, Prince of Wales Hospital	6-month training in Sleep Medicine at Royal Prince Alfred Hospital in Australia
Dr Bing Lam	Department of Medicine, Queen Mary Hospital	1-year training in Respiratory and Sleep Medicine at University of British Columbia in Canada
Dr Wing-lok Tong	Department of Medicine, Princess Margaret Hospital	6-month training in Respiratory Medicine in United Kingdom
Miss Mabel Tong	Department of Medicine and Therapeutics, Prince of Wales Hospital	Attended ATS/ALA International Conference 1998 in USA

1999 - 2000

Miss Barbara Law	Department of Medicine, Queen Mary Hospital	8-day Polysomnography Technology Course at Kuakini Medical Center in USA
Dr Loletta So	Department of Medicine, Pamela Youde Nethersole Eastern Hospital	6-month training in Respiratory Medicine at Royal Brompton Hospital in United Kingdom

Decades of Memories

2000 - 2001

Dr James Ho	Department of Medicine, Queen Mary Hospital	12-month training in Cancer at Lerner Research Institute, Cleveland Clinic Foundation in USA
Dr Fanny Ko	Department of Medicine and Therapeutics, Prince of Wales Hospital	12-month training in Asthma Research at Woolcock Institute of Medical Research of the University of Sydney in Australia
Dr Henry Kwok	Department of Medicine, Ruttonjee Hospital	6-month training in Pulmonary and Critical Care Medicine at Rhode Island Hospital in USA

2001 - 2002

Dr Edwin Poon	Department of Medicine, Pamela Youde Nethersole Eastern Hospital	6-month training in Immunotherapy for Asthma and Allergy at Guy's Hospital in United Kingdom
Dr Kin-wang To	Department of Medicine, Alice Ho Miu Ling Nethersole Hospital	6-month training in Sleep Medicine at Royal Prince Alfred Hospital in Australia
Miss Mary Tsang	Department of Physiotherapy, Queen Mary Hospital	2-week training in Acute Respiratory Medicine and Surgical Intensive Care in USA
Dr Julie Wang	Department of Medicine, Queen Mary Hospital	12-month training in Epidemiology and Biostatistics (MSc thesis Programme) in Canada

2002 - 2003

Dr Yan-fat Chan	Department of Medicine, Pamela Youde Nethersole Eastern Hospital	6-month training in Sleep Medicine at Mount Zion Medical Centre, University of California in USA
Dr Chi-leung Lam	Department of Medicine, Queen Mary Hospital	12-month as Oncology Research Fellow at Nancy B and Jake L Hamon Center for Therapeutic Oncology Research, University of Texas in USA
Dr Kam-shing Tang	Department of Medicine, Tuen Mun Hospital	6-month training in Intensive Care Medicine at Royal Prince Alfred Hospital in Australia

Anniversary Bulletin - 2016



2004 - 2005

Dr Joan Fok	Department of Medicine and Therapeutics, Prince of Wales Hospital	3-month training in Interventional & Diagnostic Bronchoscopic Procedure at Hokkaido University in Japan
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2005 - 2006

Dr Jamie Lam	Department of Medicine, Queen Mary Hospital	6-month training in Interventional Animal Study in Sleep at Westmead Hospital in Australia
Dr Yi-tat Lo	Department of Medicine, Alice Ho Miu Ling Nethersole Hospital	3-month study in Interventional & Diagnostic Bronchoscopic Procedure at Hokkaido University in Japan

2006 - 2007

Dr Alan DL Sihoe	Department of Cardiothoracic Surgery, Grantham Hospital	A three-day course of the First European Association for Cardiothoracic surgery (EACTS) on Thoracic Robotic Surgery in Switzerland
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2007 - 2008

Dr Jenny Ngai	Department of Medicine and Therapeutic Department, Prince of Wales Hospital	3-month training in pleuroscopy at Singapore General Hospital in Singapore
Dr Flora Miu	Department of Medicine, Pamela Youde Nethersole Eastern Hospital	3-month training in interventional bronchoscopy and 3-month training in pleuroscopy at Singapore General Hospital in Singapore

2008 - 2009

Dr Susanna Ng	Department of Medicine and Therapeutic Department, Prince of Wales Hospital	6-month training in clinical and research aspects of sleep disorders and non-invasive positive pressure ventilation for respiratory failure at Woolcock Institute of Medical Research in Australia
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Decades of Memories

2009 - 2010

Dr Chu-leuk Lau	Department of Medicine, Tuen Mun Hospital	3-month training in interventional bronchology and 3-month training in pleural intervention at Singapore General Hospital in Singapore
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2010 - 2011

Dr Hoi-yee Kwan	Department of Medicine, North District Hospital	3-month training in lung cancer management and therapeutic oncology procedures at St. Georges' Hospital and Medical School in United Kingdom
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2011 - 2012

No applicant

2012 - 2013

No applicant

2013 - 2014

No applicant

2014 - 2015

Mr Chi-tao So	Department of Occupational Therapy, Kowloon Hospital	3-week "Living Well with COPD" cum Respiratory Rehabilitation Program in Montreal Chest Institute, Canada
Dr Chun-wai Tong	Department of Medicine, Pamela Youde Nethersole Eastern Hospital	3-month training in interventional pulmonology at the National University Hospital in Singapore
Dr Chun-yu Cheung	Tuberculosis and Chest Unit, Grantham Hospital	2-month training in Lung Transplant Centre of the Alfred Hospital in Australia

2015 - 2016

Dr Annie Chiu	Department of Medicine, Pamela Youde Nethersole Eastern Hospital	3-month training in sleep medicine at Royal Prince Alfred Hospital in Australia
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RESPIRATORY HEALTH AND THE PUBLIC

Exhibitions and Community Talks

World Spirometry Day (肺要思量 - 吹遍全城大行動)

October to November 2010



Citizens queuing for a spirometry examination beside the spirometry truck parked at Tsuen Wan District. From October to November 2010, more than 2,800 spirometry examinations have been performed in the promotional truck that toured all over Hong Kong.

World Spirometry Day 2012 (全球肺功能日)

27 June 2012

World Spirometry Day 2012 in Hong Kong was held at the Quarry Bay Community Hall on 27 June 2012. Health check counters with simple spirometry and doctors' enquiry counters were opened to public. More than 200 spirometry examinations were performed.



Guests and office bearers in the opening ceremony



Medical Enquiry Counter

Decades of Memories

Spirometry Campaign (給我一口氣 - 肺功能測試日)

24 July to 25 September 2011

The spirometry campaign in 2011 was supported by more than 80 respiratory specialists and nurses. More than 1,000 citizens received spirometry examinations in 15 locations in Hong Kong from 24 July to 25 September 2011.





Health Exhibition and Carnival on COPD (慢阻肺病 全城關注 護肺嘉年華 2011)

12 November 2011

The Carnival on COPD was organized as the celebration event of the 25th Anniversary of the Hong Kong Thoracic Society and 15th Anniversary of the Hong Kong Lung Foundation. As a follow up event of the spirometry campaign, spirometric test result in the campaign and result of questionnaire on COPD knowledge were announced. Celebrities play games with the public. All participants enjoyed the various innovative game booths.



Pneumonia Campaign Exhibition

9 March 2014

The Pneumonia Campaign Exhibition 「識破惡菌病毒真面目，向肺炎 Say No!」 was successfully held on 9 March 2014 at Metro City Plaza Phase III. Highlighting the “Year of Pneumonia”, a survivor of severe pneumonia shared his story and message on how to prevent pneumonia were broadcasted to the public.



Decades of Memories

Take a Good Breath (「爭氣」行動) Photo Contest Prize Presenting Ceremony and Photo Exhibition

28 March 2015

Take a Good Breath Photo Contest Prize Presenting Ceremony was held on 28 March 2015 at Tai Po Mega Mall. In the ceremony, the Presidents of the Hong Kong Thoracic Society and the CHEST Delegation Hong Kong and Macau addressed the impact of respiratory disease in Hong Kong while two asthma patients shared their experiences. More than 200 creative photos submitted by secondary school students and the general public were exhibited.



Presidents of the Hong Kong Thoracic Society and CHEST Delegation Hong Kong and Macau with prize winners holding their winning photos.



Exhibition board displaying all photographs submitted in the Contest



30th/20th Anniversary Mega Publicity Event

28 – 29 May 2016

To celebrate the 30th Anniversary of HKTS and 20th Anniversary of HKLF in 2016, a mega-publicity event 「連場好氣」 was held on 28 and 29 May 2016 at the Olympic City. The mega event was a carnival and an exhibition. Story boards were set up to inform the public on history and achievements of HKTS and HKLF. The exhibition showcased latest models of respiratory medical equipment. Participants were able to experience advances in respiratory medicine by trying out the equipment. They can also enhance their knowledge in respiratory diseases and assess their respiratory health at the game booths. The mega event has attracted broad media coverage and an overwhelming public participation.



Dr Loletta So and Council Members conducting a guided tour of the exhibition booths for Dr Wing-man Ko, Secretary of Food and Health



Officiating guests (front right: Dr Chi-chiu Leung, Dr Cheuk-yin Tam, Dr Wing-man Ko, Dr Loletta So, Dr Constance Chan, Ms Vienna Lai, Mr Cheuk-lap Hung and Ms Jamie Wong) and Council members



Dr Cheuk-yin Tam and Dr Loletta So delivering welcoming speech at the opening ceremony



Dr Loletta So challenged Ms Jamie Wong, the Hong Kong cyclist who won silver medal in the 2010 Asian Games

Decades of Memories



Back row from the left: Dr Arthur Lau, Dr Cheuk-yin Tam, Dr Loletta So, Dr Chung-ming Chu, Dr Fanny Ko, Dr Wilson Yee, Dr Chi-kai Chow and Dr Yiu-cheong Yeung. Front row from the left: Dr Macy Lui, Dr Hoi-nam Tse and Dr Maureen Wong



President, Chairman, officiating guests and Council members singing with Dr Wing-man Ko



Group photo at the conclusion of the opening ceremony



Physiotherapists explaining the step test and conducting the hand grip strength test



A long queue at the zone of pulmonary rehabilitation. Participants can undergo a series of tests here to assess their lung health



Occupation therapists conducting the Chinese version of shortness of breath questionnaire with pictorial enhancement



Group photo of the Anniversary Mega Event



Public Lectures and Community Talks



A lecture on H7N9 avian flu was delivered to the Institution of Dining Art by Dr Jenny Ngai (right) at Vocational Training Centre Dao Miao Institute on 22 April 2013



Dr Fanny Ko (centre) receiving certificate of appreciation for the lecture “Special Topics on Influenza A Virus Subtype H7N9” for International Food Safety Association on 10 May 2013



Airway awareness campaign community talk held on 27 September 2014

Decades of Memories

Pneumonia Community Talks

In the Pneumonia Campaign, a series of community educational talks on pneumonia from was co-organized by the Hong Kong Thoracic Society, Hong Kong Lung Foundation, CHEST Delegation Hong Kong and Macau, and Hong Kong Respiratory Nursing College. The talks were delivered in November 2013 and January 2014 with the support of St. James' Settlement, Tung Wah Group of Hospitals and Hong Kong Society of Rehabilitation.





Supporting Other Societies and Associations in Promulgation of Respiratory Health

HKU Medical Student Health Exhibition

The Hong Kong Lung Foundation, Hong Kong Thoracic Society and the CHEST Delegation Hong Kong and Macau supported the annual HKU Health Exhibition organized by the Hong Kong University Medical Society and Nursing Society Health Exhibition Subcommittee in 2010 – the Year of the Lung. The exhibitions were held on 2 - 3 October 2010 at Tsuen Wan Plaza and on 9 - 10 October 2010 at Shatin Town Hall.



Exhibition at Tsuen Wan Plaza



Group photo with HKU medical student organizers



(From left) Drs Maureen Wong, Kin-sang Chan, Cheuk-yin Tam, Professor Mary Ip, Professor Sum-ping Lee (Dean, Li Ka Shing Faculty of Medicine of the University of Hong Kong), Professor Ying-sing Chan and other guests at the ceremony



CUHK Medical Student Health Exhibition

The Hong Kong Lung Foundation supported CUHK Medical Student for the Health Exhibition – Priceless breathing. The exhibition was held at three locations: Metro City Plaza on 11 and 12 October, Lei Yue Mun Plaza on 18 and 19 October and Macau Tower Convention & Entertainment Centre on 25 and 26 October 2014.

Decades of Memories



Exhibition at Metro City Plaza in Tseung Kwan O



Exhibition at Lei Yu Mun Plaza



Dr Wai-ming Chan, Chairman of HKLF 2013 - 15 presenting souvenir at the opening ceremony



Hong Kong Asthma Society

Dr Fanny Ko, Dr Johnny Chan and Dr Maureen Wong were invited by the Hong Kong Asthma Society as officiating guests representing the Hong Kong Thoracic Society in the event 「世界關懷哮喘同樂日」 held in the piazza of the Hong Kong Cultural Centre on 6 May 2014.



In the Media

Press Conferences

Burden of Lung Disease Project

9 November 2009

Hong Kong Convention and Exhibition Centre

The press conference was held on 9 November 2009 in the Hong Kong Convention and Exhibition Centre to release the Burden of Lung Disease report to the public. The report is the result of the first ever territory-wide study carried out to analyze the pattern of death and hospitalization in Hong Kong in 2005. The study was led by Professor Moira Chan, conducted by the Hong Kong Thoracic Society, CHEST Delegation Hong Kong and Macau and was funded by the Hong Kong Lung Foundation. The report thoroughly described the state of disease burden with estimate of prevalence of major respiratory diseases in Hong Kong.



Professor Moira Chan (principle investigator) and Council Members in the press conference on Burden of Lung Disease Report

Decades of Memories

Spirometry Campaign

17 August 2011

Press conference was conducted on 17 August 2011 by the Hong Kong Thoracic Society, Hong Kong Lung Foundation and American College of Chest Physicians (Hong Kong and Macau Chapter) on the Spirometry Campaign: Heightening of COPD Awareness. The Campaign promulgated the importance of recognition of early symptoms of COPD in high-risk individuals, and the subsequent diagnosis of COPD by spirometry. Prevalence of COPD identified in the spirometry test subjects and result of questionnaire completed by the test subject were announced.



Non-invasive Ventilation in Respiratory Failure

27 May 2012

The effectiveness of non-invasive ventilation in patients with chronic respiratory failure was conveyed to the public in a press conference held in the Langham Place Hotel on 27 May 2012. Dr Chung-ming Chu represented Hong Kong Thoracic Society and CHEST Delegation Hong Kong to conduct the press conference.



Dr Chung-ming Chu representing Hong Kong Thoracic Society in the press conference on non-invasive ventilation in respiratory failure



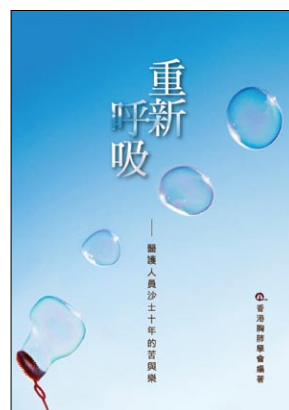
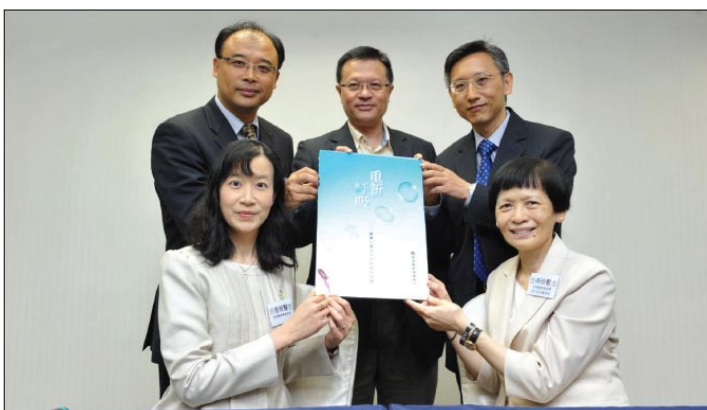
Fighting Pneumonia 2013

24 February 2013

To heighten public awareness of pneumonia, a press conference was held on 24 February 2013 by the Hong Kong Thoracic Society, Hong Kong Lung Foundation and the CHEST Delegation Hong Kong and Macau on “Fighting Pneumonia 2013 Kick-off Ceremony & Reflection of SARS by Respiratory Medical Professionals”. As healthcare professionals who contracted SARS, Dr Koon-sing Yeung and Ms Chan shared their personal and encouraging stories in fighting against the disease.



A press conference was held on 16 July 2013 to promote the publicity of the book <<重新呼吸 — 醫護人員沙士十年的苦與樂>> published by the Hong Kong Thoracic Society. The book is a recollection of the memories and sharing from respiratory communities who fought bravely in SARS pandemic.



Editors and authors displaying our new book in the press conference

Decades of Memories

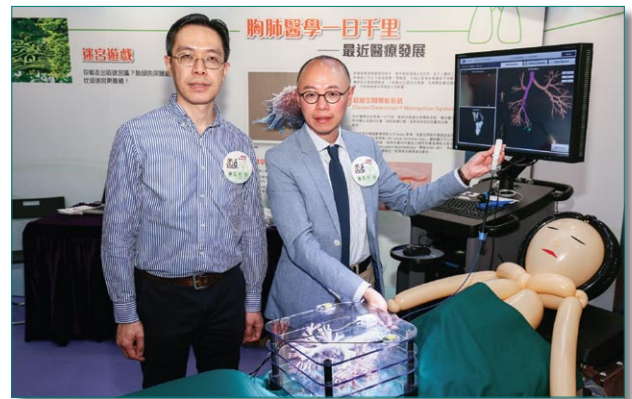
Press Conference at the 30th/20th Anniversary Mega Event

29 May 2016

A press conference was held on 29 May at the 30th/20th Anniversary mega publicity event to publicize recent advances in management of respiratory diseases. Electromagnetic navigational bronchoscopy, non-invasive ventilation, extracorporeal membranous oxygenation (ECMO), and advances in pulmonary rehabilitation were promulgated to the public.



Patient (second from the left) survived severe swine flu pneumonia with the support of ECMO and her physicians



Dr Chung-ming Chu and Dr Arthur Lau demonstrating electromagnetic navigational bronchoscopy in the media tour



Press conference on 29 May 2016



Dr Fanny Ko, Dr Chun-ming Chu, Dr Arthur Lau and Ms Ko at conclusion of the press conference

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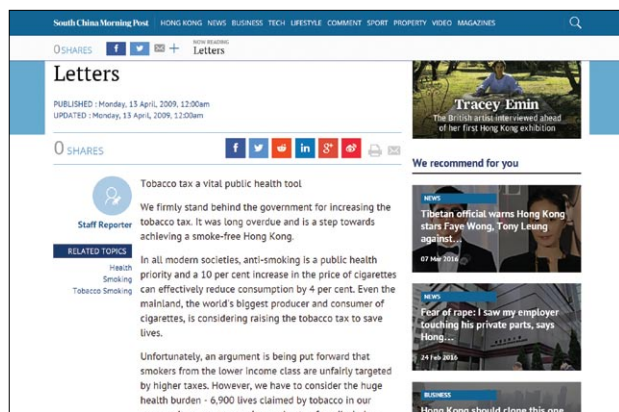


Open Letters to the Public and Legislative Council

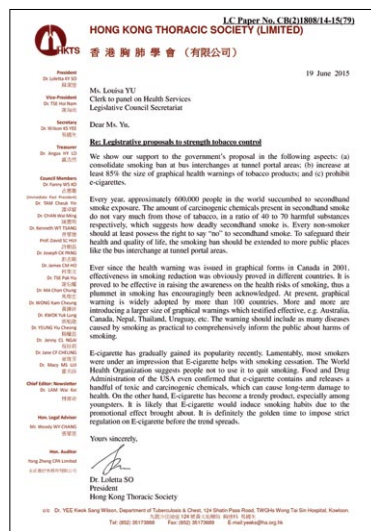
The Hong Kong Thoracic Society and the Hong Kong Lung Foundation have been voicing out our professional views and stance on important public health issues by publishing open letters to the public and the Government.



Open letter published jointly with American College of Chest Physicians (Hong Kong and Macau Chapter) in the South China Morning Post on 7 April 2008. The letter conveyed the message on judicious use of oseltamivir, and stressed the importance of not to discontinue appropriate steroid treatment in asthma for irrational fear of its side effects



Open letter to support tobacco tax as a vital public health tool, published jointly with the American College of Chest Physicians (Hong Kong and Macau Chapter) in the South China Morning Post on 12 April 2009



Letter to Legislative Council on 19 June 2015 to support Government's proposal to consolidate smoking ban at bus interchanges at tunnel portal areas, increase size of graphical health warnings of tobacco products and prohibit e-cigarettes

Decades of Memories

Radio, Television and Roadshows Programmes

The Hong Kong Thoracic Society has been actively promulgating messages on respiratory disease and health to the public by nominating representatives to write health columns on newspapers and appears on radio, television and road shows interviews. The follow is a list of the variety of topics covered:

Media/Date	Title
都市日報 醫 for Early (12 Jul 2016)	慢阻肺病日殺5人，復康計劃急需推行
RTHK 精靈一點 (1 Jul 2016)	肺部陰影點算好
KMB Bus Road Show (Dec 2015 – Jan 2016)	唐寧小學年代的遺憾 — 哮喘
	「犀利哥」董敏莉不敢忽視 — 呼吸道感染
	肺癌 — 癌症中的頭號殺手
	慢性阻塞性肺病 — 全球三大致命疾病
MetroFinance Radio 《我的事務所》 10 weekly sessions (Oct – Dec 2015)	慢性阻塞性肺病 — 氣喘元凶
	介入呼吸病學
	睡眠呼吸疾病與無創通氣治療
	肺癌知多D
	肺癌知多D — 治療篇
	社區肺炎
	怎樣預防肺炎?
	哮喘的成因
	哮喘的治療方案
如何診斷慢性阻塞性肺病	
Digital Radio (1 Oct 2015)	慢性阻塞性肺病的治療及預防
Digital Radio (1 Oct 2015)	Story of a young lady who died of pulmonary hypertension
TVB HD & MTR East Railway (Dec 2014)	Messages on COPD and Asthma
MetroFinance Radio 《我的事務所》 10 weekly sessions (Sep – Nov 2014)	甚麼是慢性阻塞性肺病? 病因及流行程度，預防方法
	慢阻肺病治療全面睇：非藥物性或藥物性治療
	慢阻肺病：藥物治療
	慢阻肺病：甚麼時候需要無創通氣支援?
	慢阻肺病的併發症：怎樣預防及處理?
	慢阻肺病：怎樣防止氣管炎發作?
	慢阻肺病：康復治療有用嗎?
	怎樣斷定係哮喘定係慢阻肺病? 治療方法相同嗎?
哮喘：適當藥物治療護理最緊要	
Hong Kong Economic Journal (18 Nov 2014)	哮喘治療：吸入式藥物以外之治療法
Hong Kong Economic Journal (18 Nov 2014)	秋風起 嚴防呼吸道疾病
TVB Late News (2 Nov 2014)	News featured on COPD
South China Morning Post (16 Jun 2014)	Air purifiers
RTHK 精靈一點 (4 Mar 2014)	成人肺炎
TVB 東張西望 (11 Feb 2014)	戒備流感高峰期
NOW TV 杏林在線 (23 Jan 2014)	奪命重症肺炎
Eastweek (20 Feb 2013)	沙士十年
TVB 沙士十年 (3 Mar 2013)	沙士十年 — 永遠的天使

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Media/Date	Title
MetroRadio 重點睇健康 (10 Mar 2013)	隔離的日子 (一)
TVB 東張西望 (14 Mar 2013)	新沙士
鳳凰正點播報 (17 Mar 2013)	回顧沙士
Metro Radio 重點睇健康 (17 & 24 Mar 2013)	新型冠狀病毒 (一) 新型冠狀病毒 (二)
TVB 晚間新聞 (18 & 29 Mar, 29 Apr, 10 Jun 2013)	吸入性肺炎 病毒性肺炎 (兩集) 肺炎鏈球菌
The Sun Daily (24 Mar 2013)	勤清潔家居避免播病
TVB 放學ICU (16 Apr 2013)	回顧沙士
RTHK 精靈一點 (23 Apr 2013)	沙士十周年特輯
親子便利 (May 2013)	H7N9、新沙士殺到嚟教你 6 招自保
Ming Pao Feature Interview (29 Jul, 5, 9, 12 and 26 Aug 2013)	Dirty Team 迎戰隱形敵人 救命恩人與神奇煙霧棒 土製 CCTV 和加油站 沙士孕婦 天使留下的不只是嘆息
MetroFinance Radio 《我的事務所》 12 weekly sessions (Oct – Dec 2013)	甚麼是慢性阻塞性肺病? 病因及流程度, 預防方法 慢阻肺病治療全面睇: 非藥物性或藥物性治療 慢阻肺病: 藥物治療新概念 慢阻肺病: 甚麼時候需要無創通氣支援? 慢阻肺病的併發症: 怎樣預防及處理? 怎樣斷定係哮喘定係慢阻肺病? 治療方法相同嗎? 哮喘流行程度及社會負擔 哮喘: 適當藥物治療護理最緊要 慢阻肺病: 怎樣防止氣管炎發作? 哮喘及鼻敏感是否有遺傳性? 人工肺怎樣支援嚴重肺炎及肺病? 慢阻肺病: 怎樣預防及治療肺炎?
RTHK 精靈一點 (7 Feb 2013)	Interventional pulmonology
TVB 都市閒情 (30 Apr 2013)	世界關懷哮喘日
新報 長者健康專欄 (Jul 2012 – Jan 2013 & May 2013 – Feb 2014)	14 articles on various respiratory topics
RTHK (7 Feb 2013)	肺癌的診斷與治療
Eastweek 東周刊 香港胸肺學會肺癌專輯 (Dec 2012 – Jan 2013)	早期肺癌患者的故事(上) — 有關成因、檢查及病徵 早期肺癌患者的故事(下) — 早期肺癌患者治療篇 晚期肺癌患者的故事(上) — 晚期肺癌患者求診篇 晚期肺癌患者的故事(下) — 晚期肺癌患者治療篇
The Sun Daily Weekly Column (10 Dec 2012 – 7 Jan 2013)	Advanced lung cancer treatment The use of endoscopy in taking biopsy The use of Autofluorescence Bronchoscopy in carcinoma in situ The relationship between smoking and lung cancer The non-smoker lung cancer patient

Decades of Memories

Media/Date	Title
RTHK (23 Oct – 20 Nov 2012)	Epidemiology of lung cancer
	Symptoms and diagnosis/investigations
	Lung cancer treatment I
	Lung cancer treatment II
RTHK V & RTHK I (6 Jun – 15 Jun 2012)	清晨爽利/ 開心日報/生活全接觸/健康是福
RTHK (14 Nov 2012)	世界健康日巡禮暨病人約章簽署儀式 — 「世界慢阻肺病日」
TV Programme (17, 24 June and 1 July 2012)	A series of programmes on lung function, air pollution, lung health, exercise and fitness
TVB 開心老友記 2011	慢阻肺病
Commercial Radio (14 Jun 2012)	留得青春在
RTHK 5 香江暖流「生活全接觸」 (20 Sep 2011)	給我一口氣 2011
RTHK 精靈一點 (31 Aug 2011)	慢阻肺病
TVB 東張西望 (17 – 18 Aug 2011)	慢阻肺病
RTHK 5 香江暖流 健康是福 (22 Jul 2011)	長者哮喘
Commercial Radio 1 (3 Jun 2011)	留得青春在
MetroFinance Radio (Sep – Oct 2010)	A series of 4 interviews on COPD
RTHK Radio III Hong Kong Health Matters (23 Jan 2010)	Asthma
RTHK 精靈一點 (Mar – Apr 2008)	A series of 5 interviews on respiratory topics



Representatives of the Hong Kong Thoracic Society in recording room of RTHK

A Review on Events in Respiratory Medicine with Major Public Health and Media Impact in Hong Kong

1. Avian Influenza

To most of Hong Kong, the most unforgettable memory of 1997 outbreak of avian influenza, more commonly known as “Bird Flu”, is their first ever Chinese New Year without live chicken meat to eat. The government’s decision to kill all of the 1.3 million chickens and poultry and suspended import of chickens from mainland China in 29 Dec 1997, however, had possibly saved lives of tens of millions in retrospect.



Avian Influenza is an infectious viral disease of birds and most of them do not infect humans. A few of them, however like H5N1 and H7N9, have caused serious infections in people. A 3-year-old boy Hoi-ka Lam died one week after admitted to Queen Elizabeth Hospital with flu symptoms in May 1997. Three months later, experts found that the boy had been killed by H5N1, which was the first case in the world. The findings had stunned the scientists worldwide.

On top of the regular seasonal epidemics of influenza, an influenza pandemic occurs irregularly. Pandemics can cause high level of mortality and it is estimated that the 1918 Spanish influenza pandemic, the deadliest influenza pandemic in human history, had caused 50 to 100 million deaths, which equals to 3% to 5% of the world population of the time. According to Doctor Michael Greger, the 1918 H1N1 flu virus was likely to be a bird flu virus and when avian influenza Expert Robert Webster being asked if Hong Kong had done the right thing to kill all the chickens, he replied: “It (H5N1) was a killer - like 1918 on its way. If the chickens had not been killed, I would predict that you and I would not be sitting here talking now. Because one of us would be dead.”

People infected with avian influenza mainly through close contact with infected birds and poultry or their droppings. Human-to-human transmission is inefficient. H5N1 took the lives of six in Hong Kong but the decisive killing of 1.3 million chickens did not give H5N1 enough time to mutate and cause serious killings in humans. There were 7 more times of chicken killings in different scales from 2001 to 2008 due to outbreaks in smaller extent, including H9N2 in 1999 and H5N1 again in 2001 to 2003. To prevent avian influenza, fresh market live poultry stall owners have to comply with a set of strict new rules and regulations including a thorough clean-up of their stalls once a month, cannot store live poultry in their stalls from 8pm to 5am and cannot sell goose or ducks etc. For most families, live chicken is not a must and could well be replaced by the “chilled chicken” nowadays.

2. Severe Acute Respiratory Syndrome (SARS)

Four letters made 2003 a year hard to forget for most Hong Kong people - SARS. Severe Acute Respiratory Syndrome (SARS), belongs to a coronavirus family just like common cold, did not only took away 299 lives and infected 1,755 of the city, which is more than any other cities of the world, but also turned a world famous metropolis into a “ghost city” within weeks of its outbreak.

SARS is a new pathogen never before seen in humans. Its deadly high contagiousness had caught Hong Kong by surprise and gave us a devastating blow. The epidemic broke out in March, first in Ward 8A of Prince of Wales Hospital, then to rest of the local hospitals. By the end of March, the virus had spread to the community as 200 residents of Amoy Gardens had been hospitalized with SARS, more than half of whom lived in Block E. This prompted an unprecedented isolation order where Amoy Gardens Block E residents had to quarantine to prevent further spread.

Face mask became the icon of the city. It was the only hot selling commodity which almost everyone in the street was wearing. Worse still, there is no cure for SARS. Fear was in the air and spinning around everywhere in the city. Restaurants, cinemas, shops and streets were emptied. Consumers stayed at home. World Health Organization (WHO) issued travel alert upon Hong Kong on 2 April 2003. Hotel occupancy rate dramatically dropped from 80% to 20%; about half of the passengers cancelled their flights to Hong Kong and the total number of arriving visitors fell by 63% in March and April on average. Schools and businesses were closed. The city as a whole was paralyzed.

Professor David Hui, Head of Division of Respiratory Medicine, Department of Medicine and Therapeutics, CUHK described SARS was like “to fight in a dark battlefield where you cannot see where the enemies were”. Doctors’ frustrations did not end in here. To avoid family members contracting the fatal virus, many of them chose to stay away from home and resided in hospital dormitory at the heat of the epidemic. Even so, 386 medical, nursing and other healthcare workers in the hospitals and clinics were infected and 8 of them passed away, including Dr Tse Yuen Man who was one of our Respiratory Medicine specialists in Tuen Mun Hospital.

Like what Margaret Chan, director-general of the WHO, said: despite all the hardships SARS did give us, the lethal new virus has also brought out the best in human nature. Local and overseas scientists and clinicians collaborated together, trying to unravel the mysteries of SARS. No medical staff escaped from duty. Many doctors from different institutions volunteered to work in the frontline, even the most dangerous “dirty team” which is responsible for treating SARS patients. Those in the “clean team” are ready to take over once colleagues from “dirty team” fell down.

The heartbreaking four months had passed when finally WHO removed Hong Kong from “infected areas” of SARS on 23 June 2003. Life resumed to normal in no time as everyone in the city tries to avoid from remembering the collective painful memories. Yet, SARS had changed our habits and daily lives of Hong Kong people forever: escalator handrails, elevator control panels and door knobs in public areas would be disinfected daily; family and friends would use serving chopsticks during meals; automatic disinfectant dispensers are installed in hospitals, schools, airport, malls and public places; people with sickness symptoms would wear a face mask consciously; washing hands few times a day becomes a new routine and poor hygienic misconducts like spitting had been significantly reduced.

Up to this day, there is still no cure for SARS. However, Hong Kong medical experts, especially those in our Respiratory Medicine profession, have dedicated much effort on SARS and respiratory failure related researches and studies thereafter. We have better knowledge of its origins and how to minimize its transmission. In addition, the invention and developments of Extra-Corporeal Membrane Oxygenator, known to the public as “Artificial Lungs”, can provide vital support to critically ill patients with respiratory failure. The lasting scar would not be gone, but in case SARS returns or similar epidemic happens in future, Hong Kong would be well-prepared to fight and the death toll must be substantially lower.



3. Statutory Smoking Ban in all Indoor Public Places and Workplaces

Smoking is hazardous to health as it would increase of risk of various cancers, cardiac diseases and respiratory diseases, as well as lowering fertility rate and cause various health problems in babies, including double their chance to have serious respiratory infections. Although the percentage of daily cigarette smokers in Hong Kong has dropped from 23.3% in early 1980s to 10.5% in 2015, there are still 641,300 daily cigarette smokers around the city.

Decades of Memories

The Hong Kong Thoracic Society had been taking an active stand on proposed legislative amendments to “Smoking (Public Health) Ordinance” since its first enactment in 1982. To reduce the impact of secondhand smoking, Hong Kong has introduced statutory smoking ban in the indoor areas of all public restaurant premises, workplaces, public places and some public outdoor places on 1 Jan 2007 and extend the ban towards bar and nightclubs in July 2009. The ban has improved indoor air quality immensely and has minimized the health risks of secondhand smoker in public areas or workplaces.

A study conducted by Department of Paediatrics and Adolescent Medicine, The University of Hong Kong finds out that, extension of statutory no smoking areas was associated with a net 47.4% reduction in children hospital admission counts for lower respiratory tract infection in the first year and a sustained reduction of 13.9% per year in the subsequent 5 years, which means that in the first 6 years after the smoking ban has implemented, there was a reduction of 13,635 children hospital admissions. The study solidified the grounds of such a comprehensive statutory smoking ban, and in time, the ban itself could serve as a landmark victory for promoting public health.



4. Swine Flu

SARS or avian influenza definitely brought about more dreadful memories to our city, but it was swine flu, the 2009 influenza pandemic that infected the most since Hong Kong Flu Pandemic in 1968, the second deadliest influenza pandemic of 20th century with 3 million deaths worldwide – more than 33,000 Hong Kong people infected Swine Flu with 80 of them gone.

Like the 1918 Flu Pandemic, it involved the H1N1 influenza virus however in a new strain. A triple reassortment of bird, swine and human flu viruses further combined with a Eurasian pig flu virus, leading to the term Swine Flu. The outbreak first happened in Mexico and United States around February and March 2009. First reported case in Hong Kong was a Mexican national who travelled to Hong Kong via Shanghai on 1 May 2009.

As it was also the first confirmed case in Asia, the government was highly alert and made their best possible efforts to track down people who had contact with the traveler, including a controversial seven-day quarantine on all of the 200 hotel guests and 100 staff of the Metropark

Hotel, where the travelers had stayed, regardless if they had any contact with the traveler. Such action cannot prevent the community outbreak, however. The virus spread through the city quickly through human-to-human transmission and had a tendency to attack the younger population. All 601 primary schools, 946 kindergartens and 61 special schools were closed for two weeks from 12 June 2009 to prevent further spread. The epidemic tapered off in November 2009 and virus turned out to be less lethal than previous pandemic strains with only 0.01-0.03% mortality rate. Due to its highly contagious nature, we are cautious and watchful of its mutations and developments.



Introduction of Air Quality Health Index (AQHI)

Around 7 million people died in 2012 globally due to air pollution exposure, which accounted for 1/8 of total global deaths that year and it is the world's largest single environmental health risk according to World Health Organization (WHO).

Local motor vehicles and power plants emissions, along with regional air pollution from the Pearl River Delta region, are the main sources of pollution. Nose and throat irritation, shortness of breath, coughing and chest tightness are the potential health effects, especially for asthma or chronic respiratory diseases patients. There is a strong association between high pollution incidents to both hospital admissions and premature deaths for respiratory and cardiovascular diseases.

The introduction of Air Quality Health Index (AQHI) complied by Environmental Protection Department in December 2013 provides clearer information of the city's air quality and helps public to take precautionary measures to protect their health, as under general circumstances, health risk of brief air pollutants exposure is usually low. The original Air Pollution Index (API) introduced in 1995 reflects intensity of air pollution under five bands from "low" to "severe". Where AQHI calculates the hospital admission risks brought about by air pollutants and indicates the health risks arising from pollution, including additional short-term health risk of respiratory and cardiovascular illnesses.

Decades of Memories

The AQHI has raised public consciousness of air pollution's public health implications. Together with Government's efforts on emission reduction, air quality of Hong Kong has improved significantly. According to the Hedley Environmental Index of University of Hong Kong, premature deaths caused by air pollution have decreased from 3,279 in 2013 to 2,196 in 2015, a 33% drop and the loss of hospital bed days have declined 30.6% in the same period.



5. Middle East Respiratory Syndrome (MERS)

When Middle East Respiratory Syndrome (MERS) first broke out in 2012, most people in Hong Kong did not pay much attention to it as the virus was largely confined within the Middle East area. The scenario altered completely three years later as MERS emerged and spread out in South Korea, one of the most favourite travel destinations for Hong Kong people, primarily due to its new name in Chinese – “the new SARS”. Fear of SARS return was striking everyone's nerve. Like SARS, MERS also comes from betacoronavirus, one of four genera of coronaviruses and both may cause severe respiratory failure and extrapulmonary features like diarrhea. Fatality rate for SARS was 17% in Hong Kong, while MERS was even higher case fatality rates of about 36% worldwide.

The outbreak in South Korea began in May 2015 and Hong Kong Government issued a “red” travel alert against the country. However, human-to-human transmission of the virus is not efficient unless those with close contacts. The virus died down within two months and there was no confirmed case in Hong Kong. To the public the precautionary measures seemed to be overreacted but as World Health Organization (WHO) assistant director-general for health security Dr Keiji Fukuda said, “this is the global challenge of modern times: an infection can now appear anywhere in the world very quickly” .





Walkathons and Marathon

The Respiratory Health walkathon was a memorable celebration event for the 20th Anniversary of the Hong Kong Thoracic Society and the 10th Anniversary of the Hong Kong Lung Foundation in 2006. More than 300 doctors, nurses, allied health professionals and patient groups turned out in full force to spread the message of respiratory health. Another keynote walkathon 「抗炎鬥士嘉許禮暨健康步步行」 was organised in 2013. “Fighters” patients of SARS and pneumonia, together with patients with respiratory diseases, doctors, nurses, allied health professionals and their family members participated to encourage a positive altitude in preventing and facing pneumonia.



Participants of the walkathon in front of the Hong Kong Stadium on 5 November 2006



Walkathon 「抗炎鬥士嘉許禮暨健康步步行」 start line at Cyber Port on 17 November 2013



Members of the Hong Kong Thoracic Society participated in the Standard Chartered Hong Kong Marathon held on 28 February 2010 to demonstrate importance of lung health through regular exercise

Decades of Memories

Booklets and Pamphlets

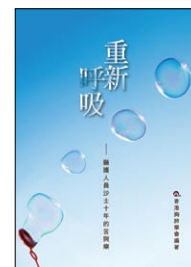
1. 《胸肺疾病手冊》

The book was published in the Year of the Lung (2010) by Hong Kong Thoracic Society. It provided patients, their carers and the public a handy and professional guidance on management and prevention of common respiratory diseases.



2. 《重新呼吸 — 醫護人員沙士十年的苦與樂》

Published by the Hong Kong Thoracic Society at 10th year from the SARS epidemic, the book collected 19 touching stories on how we had fought against SARS and walked through its shadows.



3. 《肺炎小百科》

The pneumonia booklet is a joint collaborative work by the Hong Kong Thoracic Society, Hong Kong Lung Foundation and the American College of Chest Physicians (Hong Kong and Macau Chapter) in 2013. Knowledge on types of community acquired pneumonia and prevention of pneumonia is conveyed to the public in a simple and easy to understand manner.



4. Education Pamphlets on Common Respiratory Diseases and Respiratory Procedures in Hong Kong

Published by the Hong Kong Lung Foundation, these comprehensive education pamphlets had received a redesign and update in 2015. The original collection included 12 pamphlets on COPD, asthma, asthma medications, bronchiectasis, sleep apnoea, air pollution and global warming, indoor air pollution, lung cancer, smoking cessation, tuberculosis, pneumonia, influenza. Four pamphlets on respiratory procedures (bronchoscopy, chest drainage, pleural tap and biopsy, chemical pleurodesis) were added to the series.





In Memory of Dr Tse Yuen Man

Hong Kong Lung Foundation Dr Tse Yuen Man Memorial Scholarship

(香港胸肺基金會謝婉雯醫生紀念獎學金)

The Hong Kong Lung Foundation Dr Tse Yuen Man Memorial Scholarship was set up in 2004 to commemorate the heroic acts of the late Dr Tse Yuen Man, a former trainee in Respiratory Medicine, who offered her life to save patients with the severe acute respiratory syndrome (SARS) in 2003. The scholarship is awarded to a higher form student of the Tung Wah Group of Hospitals Mrs. Wu York Yu Memorial College, the Alma Mater of Dr Tse Yuen Man. The award is offered annually to winners of an essay competition on respiratory disease selected by a panel consisting of Council Members of the Hong Kong Lung Foundation.

2004	Air pollution and lung health	Miss Rebecca Hoi-yan Woo
2005	Smoking and lung health	Miss Man-shan Wong
2006	How to prevent and stop smoking among young people in Hong Kong	Miss Tung-ni Chan
2007	How to improve the air quality as a student?	Miss Wai-chung Chan
2008	A blue sky – why can't we have it and what the consequence is if we don't?	Mr Hing-ki Lam
2009	How to increase community awareness to fight human Swine Flu?	Miss Ying-ki Chu
2010	Reflections in the days of influenza	Miss Dorothy Yuet-kwan Suen
2011	哮喘可怕嗎？	Miss Yin-fan Wu
2012	運動與胸肺健康	Miss Kimberly Hau-tung Kwan
2013	真好，我的肺炎痊癒了	Mr Hung-wa Ngai
2014	醫生說其實我的哮喘可以控制！	Mr Anphony Kam-to Ng
2015	電子煙：百害而無一利	Miss Wen-qing Meng
2016	室內空氣對呼吸系統的影響，不容忽視	Mr Hang-fu Tam



Dr Cheuk-yin Tam
presenting the award (2015)



Dr Wai-man Chan
presenting the award (2013)



Dr Thomas Mok
presenting the award (2011)



Dr Kin-sang Chan
presenting the award (2010)

Decades of Memories

Awardees

Open Essay Competition for Secondary School - Hong Kong Lung Foundation Dr Tse Yuen Man Memorial Scholarship

This essay competition held in the Year of the Lung 2010 was open to all secondary school students in Hong Kong. More than 60 schools participated and 1,700 manuscripts were received. The scholarship was awarded to the champion, first and second runner ups of the Junior and Senior Group and 54 merit winners.



Dr Chuk-yin Tam and the award winners in the prize presenting ceremony held on 4 December 2010 at the Hang Seng Management College



Group photo on the stage

Awardees

初級組

冠軍	華英中學	趙文慧
亞軍	中華基督教會協和書院	高芷晴
季軍	聖母書院	李詠恩

高級組

冠軍	香港神託會培敦中學	洪曉雯
亞軍	華英中學	范嘉恩
季軍	英華女學校	羅媛瓊



致婉雯

在最黑暗的時空裏
哀思小師妹婉雯
你追隨人性最
偉大的光
前往
無
任何阻力可停止
的救病者於危的路

以醫者之仁
父母之心
為天職
驍勇無懼
為人道
慈愛無匹
奉獻犧牲
你
寶貴無私
的生命

願你到天國
重逢所愛
那裏
還有
一切
曾接受
所有醫者治療
及愛護的靈魂
與我們所
已逝的
師兄姐

與你一起
在歷史
洪流
建立
永遠的
基石

葛量洪醫院 南朗醫院
前行政總監

梁秀芝醫生
2003年5月

Decades of Memories

GALA

Dinners of the Federation of Medical Societies of Hong Kong

The Federation of Medical Societies of Hong Kong (FMSHK) has invited the Councils of Hong Kong Thoracic Society and CHEST Delegation Hong Kong and Macau to join her Annual Dinners at New Year's Eve, her 50th Anniversary dinner and the Presidents and Editor's dinner.



FMSHK Annual Dinner 2007



FMSHK Annual Dinner 2008



FMSHK Annual Dinner 2009



Presidents' and Editors' Dinner at the Hong Kong Club on 16 September 2013



FMSHK Annual Dinner 2015 on New Year's Eve



FMSHK 50th Anniversary Gala Dinner on 15 March 2015



30th Anniversary Dinner of the Hong Kong College of Family Physicians

Versailles Ballroom of the Regal Kowloon Hotel

12 January 2008

The Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong & Macau Chapter) has been supportive to the educational activities of the Hong Kong College of Family Physicians by jointly organizing certificate courses for family physicians and general practitioners. Council members were invited to attend the 30th Anniversary dinner of the College to celebrate this memorable event.



香港家庭醫學學院
The Hong Kong College of Family Physicians

From left: Dr Chung-ming Chu, Dr Johnny Chan, Dr Maureen Wong and Dr Fanny Ko attended the 30th Anniversary Dinner of the Hong Kong College of Family Physicians on behalf of the Hong Kong Thoracic Society and the American College of Chest Physicians (HK & Macau Chapter)

Decades of Memories

Donald Yu Dinners

It has been a tradition for the past and present presidents and Council members of the Hong Kong Thoracic Society, Hong Kong Lung Foundation, and CHEST Delegation Hong Kong and Macau to gather annually at dinners hosted by Dr Donald Yu. All participants enjoyed the delicious meals in fabulous places with relaxing conversations and laughters. The function had built up closer relationships among all the Council members.



Donald Yu Dinner on 25 September 2009



Donald Yu Dinner on 30 April 2013 at the Hong Kong Club



Donald Yu Dinner on 21 October 2014 at the Hong Kong Club



Retirement Party of Professor Wah-kit Lam

Hong Kong Club

19 June 2008

At Professor Wah-Kit Lam's retirement from his office in the University of Hong Kong, Councils, both old and new, of Hong Kong Thoracic Society and American College of Chest Physicians (Hong Kong and Macau Chapter) held a retirement party on 19 June 2008 at Hong Kong Club to pay our tribute to Professor Lam.



Professor and Mrs Lam with guests, friends and colleagues in his retirement party on 19 June 2008

Decades of Memories





Anniversary Dinner for the 20th Anniversary of Hong Kong Thoracic Society and 10th Anniversary of Hong Kong Lung Foundation

Hong Kong Club

23 September 2006

The Anniversary dinner to celebrate the 20th Anniversary of the Hong Kong Thoracic Society and the 10th Anniversary of the Hong Kong Lung Foundation was held on 23 September 2006 at the Hong Kong Club. The occasion was graced by representatives from Asian Pacific Society of Respiratory, Malaysian Thoracic Society, Singapore Thoracic Society, Taiwan Society of Pulmonary and Critical Care, the Hong Kong Tuberculosis, Chest and Heart Disease Associations, the Federation of Medical Societies of Hong Kong and the Hong Kong Asthma Society.



Past Presidents toasting



From left: Dr Arthur Lau, Dr Loretta Yam, Dr Henry Kwok and Dr Fanny Ko at the Anniversary Dinner



From left: Dr Shiu-lun Chan (Founding President of the Hong Kong Thoracic Society), Dr Chong-kin Liam (Former President of the Malaysian Thoracic Society), Professor Yoshinosuke Fukuchi (Former President of Asian Pacific Society of Respiratory), Dr Loretta Yam, Dr Thomas Mok, Professor Wah-kit Lam, Professor Yuan-ming Luo (Representative of the Chinese Thoracic Society), Professor Paul Reynolds (Representative of Thoracic Society of Australia and New Zealand), Professor Pan-chyr Yang (Former Taiwan Society of Pulmonary and Critical Care) at the Anniversary Dinner



Invitation card of the Anniversary Dinner

Decades of Memories

Anniversary Dinner for the 25th Anniversary of Hong Kong Thoracic Society and 15th Anniversary of Hong Kong Lung Foundation

Hong Kong Club

19 November 2011



香港胸肺學會25週年 香港胸肺基金會15週年

*You are cordially invited to the Celebratory Dinner for the
25th Anniversary of the Hong Kong Thoracic Society and the
15th Anniversary of the Hong Kong Lung Foundation*

Date: 19th November 2011
Time: Cocktails 7.00 pm, Dinner 7.30 pm
Venue: 1/F, The Hong Kong Club, 1 Jackson Road, Central, Hong Kong
(Reservation under "Dr. Donald Yu")

Please favour us with your reply to Ms. Sonia Cheung by email at sonia.cheung@fmshk.org or by fax at 2865 0345 by 2nd Nov 2011

* () Yes, I can come or () No, I cannot come
* If Yes, please indicate your choice of main course: () Duck or () Fish (sea-bass)

WIND BEHIND THEIR SAILS

Invitation card for Anniversary Dinner of the 25th Anniversary of Hong Kong Lung Foundation and 15th Anniversary of the Hong Kong Thoracic Society



Snap Shots



A once-in-a-life time occasion: Council members on their way home together on MTR after the Council meeting on 21 October 2014. The Umbrella Movement was in progress and has hampered normal ground transportation

熱烈祝賀

香港胸肺學會三十週年紀念
香港胸肺基金會二十週年紀念

30 Anniversary

香港胸肺學會三十週年紀念

20 Anniversary

香港胸肺基金會二十週年紀念

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Warmest congratulations

30th

**Anniversary of
Hong Kong
Thoracic Society**

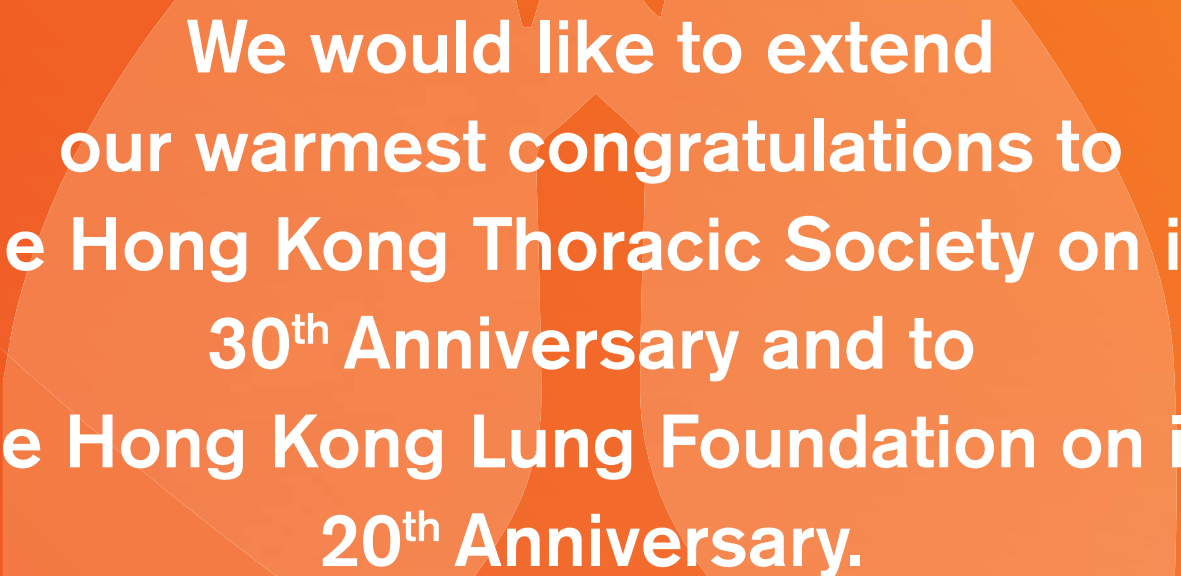
20th

**Anniversary of
Hong Kong
Lung Foundation**

With compliments of



**Boehringer
Ingelheim**

A large, stylized graphic of human lungs in a light orange color, centered on the page. The lungs are depicted with a central trachea and two main lobes. The background is a solid, darker orange color.

**We would like to extend
our warmest congratulations to
the Hong Kong Thoracic Society on its
30th Anniversary and to
the Hong Kong Lung Foundation on its
20th Anniversary.**





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匯創醫療科技有限公司

Congratulations to
Hong Kong Thoracic Society for its 30th Anniversary
∩
Hong Kong Lung Foundation for its 20th Anniversary

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熱烈祝賀

香港胸肺學會三十週年紀念

香港胸肺基金會二十週年紀念



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